



**ORTHODOX  
PRAYERS  
OF OLD ENGLAND**

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**A Western Rite  
Prayer-Book  
for Orthodox Christians**



**Third Edition**

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**HOLY SYNOD OF MILAN**  
The Autonomous Orthodox Metropolia  
of Western Europe & The Americas

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Psalms from 'The Psalter According to the Seventy,'  
permission of Holy Transfiguration Monastery

**hath prevailed, (Apoc. 5:5) alleluia. And may the blessing of almighty God, the O Father and the O Son and the O Holy Spirit, and the Cross of Christ, come down upon me, and remain with me for ever. Amen.**

*ANOTHER EXORCISM*

**O** Lord, God almighty, King of kings and Lord of lords, in Whose hand is every victory and every waging of war is crushed, grant me that Thy hand may strengthen my heart. Grant that in Thy mighty power I may be able to deal manfully and well, with my hands and my powers, so that mine enemies may fall down before my face and may collapse, as Goliath collapsed before the face of Thy servant David, (1 Kgs 17:50) and as the people of Pharaoh before Moses in the Red Sea, (Exod. 15:4) and as the Philistines before the people of Israël fell down, (1 Kgs. 7:11-13) and Amalech before Moses (Exod. 7:13) and the Chanaanites before Josuë fell, (Jos. 24:11) so let mine enemies fall under my feet. May they come to me by one way and flee from me by seven, and may God crush their weapons and shatter their swords, and as wax before the presence of fire may they melt away in my presence, (Ps. 67:3) that all peoples of the earth may know that the name of our Lord Jesus Christ is called upon over me, and let Thy name be made very great amongst mine adversaries, O Lord, O Lord God of Israël!

See also the Entreaty to the Holy Angels of God on p. 375.



## READING the SCRIPTURES

*Kneel briefly, cross the ground with your thumb, kiss the cross, rise, & say:*

**O** God, be attentive unto helping me. O Lord, make haste to help me. *Say this thrice, with three prostrations, then add:*

**O Glory be... Our Father...** (p. 1)

*Make the sign of the cross upon your forehead, eyes, & all your members. Then, taking the Holy Bible into your hands, say:*

*(turned to the east:)* **May Matthew and Isaias intercede for me.**

*(turned to the south:)* **May Mark and Jeremias intercede for me.**

*(turned to the west:)* **May Luke and Ezechiel intercede for me.**

*(turned to the north:)* **May John and Daniel preserve me.**

*Turned east again, say the verses of Pope St. Leo III & the Lord's Prayer:*

**T**he O Cross is my refuge; the O Cross is my certain safety; the O Cross of the Lord is with me; before the O Cross I bow me humbly

down. **Our Father...** (p. 1)

☩ **O Lord, hear my prayer.** ☩ **And let my cry come unto Thee.** (Ps. 101:1)

**L**et us pray. **Grant us understanding, O Lord, that we may know Thy testimonies. Open our perception and the eyes of our heart, as Thou didst open the perception of the Apostles, that we may be able to understand the Holy Scriptures. O Through Christ our Lord. Amen.**

*Read at least several pages from the Gospels & a page or two from the other books, & read more if you can.*



## ABBREVIATIONS FOR BOOKS OF SCRIPTURE

Gen. Genesis	2 Par. 2nd	Phil. Philipians
Exod. Exodus	Paralipomenon	Jer. Jeremias
Lev. Leviticus	1 Mach. 1st Macchabees	Col. Colossians
Num. Numbers	2 Mach. 2nd	1 Thess. 1st
Deut. Deuteronomy	Macchabees	Thessalonians
Jos. Josue	3 Mach. 3rd	2 Thess. 2nd
Jud. Judges	Macchabees	Thessalonians
Wis. Wisdom	Prov. Proverbs	1 Tim. 1st Timothy
1 Kgs. 1st Kings	1 Esd. 1st Esdras	2 Tim. 2nd Timothy
Ecclus. Ecclesiasticus	2 Esd. 2nd Esdras	Heb. Hebrews
Mt. Matthew	3 Esd. 3rd Esdras	Lam. Lamentations
Mk. Mark	4 Esd. 4th Esdras	Ezec. Ezechiel
Lk. Luke	Est. Esther	Jms. James
Jn. John (Gospel)	Rom. Romans	1 Pet. 1st Peter
Tob. Tobias	1 Cor. 1st Corinthians	2 Pet. 2nd Peter
Judt. Judith	2 Cor. 2nd Corinthians	1 Jn. 1st John (epistle)
2 Kgs. 2nd Kings	Eccl. Ecclesiastes	2 Jn. 2nd John (epistle)
3 Kgs. 3rd Kings	Cant. Canticle of	3 Jn. 3rd John (epistle)
4 Kgs. 4th Kings	Canticles	Dan. Daniel
1 Par. 1st	Is. Isaias	Apoc. Apocalypse
Paralipomenon	Gal. Galatians	Mal. Malachias
	Eph. Ephesians	Zach. Zacharias

## SCRIPTURE VERSIONS

**T**he Douay-Rheims is the best easily available translation for Orthodox use, as most other versions show significant variation from the content and sense found in the authoritative Byzantine and Vulgate texts—particularly as regards the Old Testament. (There are also English translations of the Septuagint, but they are rare.)

The Book of Psalms is not included in the schedule below because it is assigned for weekly recitation (schedule of Psalms to be prayed through the week is on p. 410).

## READ THE WHOLE BIBLE IN A YEAR

Including the Deuterocanonical Books of Scripture Preserved in the Orthodox Church



<i>Date</i>	<i>Old Test.</i>	<i>New Test.</i>	<i>Date</i>	<i>Old Test.</i>	<i>New Test.</i>
(The numbers below are entire chapters.)					
<b>Jan. 1</b>	<b>Genesis 1-2</b>	<b>John 1</b>	Feb. 8	Exod. 27-28	Mk. 10
Jan. 2	Gen. 3-4	Matthew 1	Feb. 9	Exod. 29-30	Mk. 11
Jan. 3	Gen. 5-6	Mt. 2	Feb. 10	Exod. 31-32	Mk. 12
Jan. 4	Gen. 7-8	Mt. 3	Feb. 11	Exod. 33-34	Mk. 13
Jan. 5	Gen. 9-10	Mt. 4	Feb. 12	Exod. 35-36	Mk. 14
Jan. 6	Gen. 11-12	Mt. 5	Feb. 13	Exod. 37-38	Mk. 15
Jan. 7	Gen. 13-14	Mt. 6	Feb. 14	Exod. 39-40	Mk. 16
Jan. 8	Gen. 15-16	Mt. 7	Feb. 15	Leviticus 1-2	Luke 1
Jan. 9	Gen. 17-18	Mt. 8	Feb. 16	Lev. 3-4	Lk. 2
Jan. 10	Gen. 19-20	Mt. 9	Feb. 17	Lev. 5-6	Lk. 3
Jan. 11	Gen. 21-22	Mt. 10	Feb. 18	Lev. 7-8	Lk. 4
Jan. 12	Gen. 23-24	Mt. 11	Feb. 19	Lev. 9-10	Lk. 5
Jan. 13	Gen. 25-26	Mt. 12	Feb. 20	Lev. 11-12	Lk. 6
Jan. 14	Gen. 27-28	Mt. 13	Feb. 21	Lev. 13-14	Lk. 7
Jan. 15	Gen. 29-30	Mt. 14	Feb. 22	Lev. 15-16	Lk. 8
Jan. 16	Gen. 31-32	Mt. 15	Feb. 23	Lev. 17-18	Lk. 9
Jan. 17	Gen. 33-34	Mt. 16	Feb. 24	Lev. 19-20	Lk. 10
Jan. 18	Gen. 35-36	Mt. 17	Feb. 25	Lev. 21-22	Lk. 11
Jan. 19	Gen. 37-38	Mt. 18	Feb. 26	Lev. 23-24	Lk. 12
Jan. 20	Gen. 39-40	Mt. 19	Feb. 27	Lev. 25-26	Lk. 13
Jan. 21	Gen. 41-42	Mt. 20	Feb. 28	Lev. 27	Lk. 14-15
Jan. 22	Gen. 43-44	Mt. 21	<b>Mar. 1</b>	<b>Numbers 1-2</b>	<b>Lk. 16</b>
Jan. 23	Gen. 45-46	Mt. 22	Mar. 2	Num. 3-4	Lk. 17
Jan. 24	Gen. 47-48	Mt. 23	Mar. 3	Num. 5-6	Lk. 18
Jan. 25	Gen. 49-50	Mt. 24	Mar. 4	Num. 7-8	Lk. 19
Jan. 26	Exod. 1-2	Mt. 25	Mar. 5	Num. 9-10	Lk. 20
Jan. 27	Exod. 3-4	Mt. 26	Mar. 6	Num. 11-12	Lk. 21
Jan. 28	Exod. 5-6	Mt. 27	Mar. 7	Num. 13-14	Lk. 22
Jan. 29	Exod. 7-8	Mt. 28	Mar. 8	Num. 15-16	Lk. 23
Jan. 30	Exod. 9-10	Mark 1	Mar. 9	Num. 17-18	Lk. 24
Jan. 31	Exod. 11-12	Mk. 2	Mar. 10	Num. 19-20	John 2
<b>Feb. 1</b>	<b>Exod. 13-14</b>	<b>Mk. 3</b>	Mar. 11	Num. 21-22	Jn. 3
Feb. 2	Exod. 15-16	Mk. 4	Mar. 12	Num. 23-24	Jn. 4
Feb. 3	Exod. 17-18	Mk. 5	Mar. 13	Num. 25-26	Jn. 5
Feb. 4	Exod. 19-20	Mk. 6	Mar. 14	Num. 27-28	Jn. 6
Feb. 5	Exod. 21-22	Mk. 7	Mar. 15	Num. 29-30	Jn. 7
Feb. 6	Exod. 23-24	Mk. 8	Mar. 16	Num. 31-32	Jn. 8
Feb. 7	Exod. 25-26	Mk. 9	Mar. 17	Num. 33-34	Jn. 9
			Mar. 18	Num. 35-36	Jn. 10

<i>Date</i>	<i>Old Testament</i>	<i>New Test.</i>
Mar. 19	Deuteronomy 1-2	Jn. 11
Mar. 20	Deut. 3-4	Jn. 12
Mar. 21	Deut. 5-6	Jn. 13
Mar. 22	Deut. 7-8	Jn. 14
Mar. 23	Deut. 9-10	Jn. 15
Mar. 24	Deut. 11-12	Jn. 16
Mar. 25	Deut. 13-14	Jn. 17
Mar. 26	Deut. 15-16	Jn. 18
Mar. 27	Deut. 17-18	Jn. 19
Mar. 28	Deut. 19-20	Jn. 20
Mar. 29	Deut. 21-22	Jn. 21
Mar. 30	Deut. 23-24	Acts 1
Mar. 31	Deut. 25-26	Acts 2

<i>Date</i>	<i>Old Testament</i>	<i>New Test.</i>
<b>Apr. 1</b>	<b>Deut. 27-28</b>	<b>Acts 3</b>
Apr. 2	Deut. 29-30	Acts 4
Apr. 3	Deut. 31-32	Acts 5
Apr. 4	Deut. 33-34	Acts 6
Apr. 5	Josue 1-2	Acts 7
Apr. 6	Jos. 3-4	Acts 8
Apr. 7	Jos. 5-6	Acts 9
Apr. 8	Jos. 7-8	Acts 10
Apr. 9	Jos. 9-10	Acts 11
Apr. 10	Jos. 11-12	Acts 12
Apr. 11	Jos. 13-14	Acts 13
Apr. 12	Jos. 15-16	Acts 14
Apr. 13	Jos. 17-18	Acts 15
Apr. 14	Jos. 19-20	Acts 16
Apr. 15	Jos. 21-22	Acts 17
Apr. 16	Jos. 23-24	Acts 18
Apr. 17	Judges 1-2	Acts 19
Apr. 18	Jud. 3-4	Acts 20
Apr. 19	Jud. 5-6	Acts 21
Apr. 20	Jud. 7-8	Acts 22
Apr. 21	Jud. 9-10	Acts 23
Apr. 22	Jud. 11-12	Acts 24
Apr. 23	Jud. 13-14	Acts 25
Apr. 24	Jud. 15-16	Acts 26
Apr. 25	Jud. 17-18	Acts 27
Apr. 26	Jud. 19-20	Acts 28

<i>Date</i>	<i>Old Test.</i>	<i>Old Test.</i>
Apr. 27	Jud. 21	Wisdom 1-2

(Wisdom of Sirach is in the original King James Version-KJV, but not later editions)

<i>Date</i>	<i>Old Test.</i>	<i>Old Test.</i>
Apr. 28	Ruth 1-2	Wis. 3-4
Apr. 29	Ruth 3-4	Wis. 5-6
Apr. 30	1 Kings 1-2	Wis. 7-8

(1 Kings = 1 Samuel in KJV)

<i>Date</i>	<i>1 Kgs. 3-5</i>	<i>Wis. 9-10</i>
<b>May 1</b>	<b>1 Kgs. 3-5</b>	<b>Wis. 9-10</b>
May 2	1 Kgs. 6-8	Wis. 11-12
May 3	1 Kgs. 9-10	Wis. 13-14
May 4	1 Kgs. 11-13	Wis. 15-16
May 5	1 Kgs. 14	Wis. 17-18
May 6	1 Kgs. 15-16	Wis. 19
May 7	1 Kgs. 17	Ecclus. 1-2

(Ecclesiasticus is in the original KJV but not later editions)

May 8	1 Kgs. 18-19	Ecclus. 3-4
May 9	1 Kgs. 20-21	Ecclus. 5-6
May 10	1 Kgs. 22-23	Ecclus. 7-8
May 11	1 Kgs. 24-25	Ecclus. 9-10
May 12	1 Kgs. 26-27	Ecclus. 11-12
May 13	1 Kgs. 28-29	Ecclus. 13-14
May 14	1 Kgs. 30-31	Ecclus. 15-16
May 15	2 Kings 1-2	Ecclus. 17-18

(2 Kings = 2 Samuel in KJV)

May 16	2 Kgs. 3-4	Ecclus. 19-20
May 17	2 Kgs. 5-6	Ecclus. 21-22
May 18	2 Kgs. 7-8	Ecclus. 23-24
May 19	2 Kgs. 9-10	Ecclus. 25-26
May 20	2 Kgs. 11-12	Ecclus. 27-28
May 21	2 Kgs. 13-14	Ecclus. 29-30
May 22	2 Kgs. 15-16	Ecclus. 31-32
May 23	2 Kgs. 17-18	Ecclus. 33-34
May 24	2 Kgs. 19-20	Ecclus. 35-36
May 25	2 Kgs. 21-22	Ecclus. 37-38
May 26	2 Kgs. 23-24	Ecclus. 39-40
May 27	3 Kings 1-2	Ecclus. 41-42

(3 Kings = 1 Kings in KJV)

May 28	3 Kgs. 3-4	Ecclus. 43-44
May 29	3 Kgs. 5-6	Ecclus. 45-46
May 30	3 Kgs. 7-8	Ecclus. 47-48
May 31	3 Kgs. 9-10	Ecclus. 49-51

<i>Date</i>	<i>3 Kgs. 11-12</i>	<i>Tobias 1-2</i>
<b>June 1</b>	<b>3 Kgs. 11-12</b>	<b>Tobias 1-2</b>

(Tobias is in the original KJV but not in later editions)

<i>Date</i>	<i>Old Testament</i>	<i>Old Test.</i>
June 2	3 Kgs. 13-14	Tob. 3-4
June 3	3 Kgs. 15-16	Tob. 5-6
June 4	3 Kgs. 17-18	Tob. 7-9
June 5	3 Kgs. 19-20	Tob. 10-11
June 6	3 Kgs. 21-22	Tob. 12-14
June 7	4 Kings 1-2	Judith 1-2
(Judith is in the original KJV but not in later editions)		
(4 KINGS = 2 Kings in KJV)		
June 8	4 Kgs. 3-4	Judt. 3-4
June 9	4 Kgs. 5-6	Judt. 5-6
June 10	4 Kgs. 7-8	Judt. 7-8
June 11	4 Kgs. 9-10	Judt. 9-10
June 12	4 Kgs. 11-12	Judt. 11-12
June 13	4 Kgs. 13-14	Judt. 13-14
June 14	4 Kgs. 15-16	Judt. 15-16
June 15	4 Kgs. 17-18	1 Mach. 1
(1 Machabees is in the original KJV but not later editions)		
June 16	4 Kgs. 19-20	1 Mach. 2
June 17	4 Kgs. 21-22	1 Mach. 3
June 18	4 Kgs. 23-24	1 Mach. 4
June 19	4 Kgs. 25	1 Mach. 5
June 20	1 Paralipom. 1	1 Mach. 6
(1Paralipomenon = 1 Chronicles in KJV)		
June 21	1 Par. 2-3	1 Mach. 7
June 22	1 Par. 4-5	1 Mach. 8
June 23	1 Par. 6	1 Mach. 9
June 24	1 Par. 7-8	1 Mach. 10
June 25	1 Par. 9-10	1 Mach. 11
June 26	1 Par. 11-12	1 Mach. 12
June 27	1 Par. 13-15	1 Mach. 13
June 28	1 Par. 16-17	1 Mach. 14
June 29	1 Par. 18-21	1 Mach. 15
June 30	1 Par. 22-23	1 Mach. 16
<b>July 1</b>	<b>1 Par. 24-25</b>	<b>2 Mach. 1</b>
(2 Machabees is in the original KJV but not later editions)		
July 2	1 Par. 26-27	2 Mach. 2
July 3	1 Par. 28-29	2 Mach. 3
July 4	2 Paralipom 1-2	2 Mach. 4

(2 Paralipomenon = 2 Chronicles KJV)

<i>Date</i>	<i>Old Testament</i>	<i>Old / New</i>
July 5	2 Par. 3-4	2 Mach. 5
July 6	2 Par. 5-6	2 Mach. 6
July 7	2 Par. 7-8	2 Mach. 7
July 8	2 Par. 9-10	2 Mach. 8
July 9	2 Par. 11-12	2 Mach. 9
July 10	2 Par. 13-14	2 Mach. 10
July 11	2 Par. 15-16	2 Mach. 11
July 12	2 Par. 17-18	2 Mach. 12
July 13	2 Par. 19-20	2 Mach. 13
July 14	2 Par. 21-22	2 Mach. 14
July 15	2 Par. 23-24	2 Mach. 15 & 3 Mach.
July 16	2 Par. 25-26	Proverbs 1
July 17	2 Par. 27-28	Prov. 2
July 18	2 Par. 29-30	Prov. 3
July 19	2 Par. 31-32	Prov. 4
July 20	2 Par. 33-34	Prov. 5
July 21	2 Par. 35-36	Prov. 6
July 22	1 Esdras 1-2	Prov. 7
July 23	1 Esd. 3-4	Prov. 8
July 24	1 Esd. 5-6	Prov. 9
July 25	1 Esd. 7-8	Prov. 10
July 26	1 Esd. 9-10	Prov. 11
July 27	2 Esdras 1-2	Prov. 12
(2 Esdras = Nehemias KJV)		
July 28	2 Esd. 3-4	Prov. 13
July 29	2 Esd. 5-6	Prov. 14
July 30	2 Esd. 7-8	Prov. 15
July 31	2 Esd. 9	Prov. 16
<b>Aug. 1</b>	<b>2 Esd. 10-11</b>	<b>Prov. 17</b>
Aug. 2	2 Esd. 12-13	Prov. 18
Aug. 3	Esther 1-2	Prov. 19 & 3rd Esdras
Aug. 4	Est. 3-4	Prov. 20 & 4th Esdras
Aug. 5	Est. 5-6	Prov. 21
Aug. 6	Est. 7-8	Prov. 22
Aug. 7	Est. 9-10	Prov. 23
Aug. 8	Est. 11-12	Prov. 24
Aug. 9	Est. 13-14	Prov. 25
Aug. 10	Est. 15-16	Prov. 26
Aug. 11	Job 1-2	Romans 1
Aug. 12	Job 3-4	Rom. 2

<i>Date</i>	<i>Old Testament</i>	<i>New Test.</i>	<i>Date</i>	<i>Old Testament</i>	<i>New Test.</i>
Aug. 13	Job 5-6	Rom. 3	Sept. 21	Is. 25-27	2 Cor. 11
Aug. 14	Job 7-8	Rom. 4	Sept. 22	Is. 28-29	2 Cor. 12
Aug. 15	Job 9-10	Rom. 5	Sept. 23	Is. 30-31	2 Cor. 13
Aug. 16	Job 11-12	Rom. 6	Sept. 24	Is. 32-33	Galatians 1
Aug. 17	Job 13-14	Rom. 7	Sept. 25	Is. 34-35	Gal. 2
Aug. 18	Job 15-16	Rom. 8	Sept. 26	Is. 36-37	Gal. 3
Aug. 19	Job 17-18	Rom. 9	Sept. 27	Is. 38-40	Gal. 4
Aug. 20	Job 19-20	Rom. 10	Sept. 28	Is. 41-42	Gal. 5
Aug. 21	Job 21-22	Rom. 11	Sept. 29	Is. 43-44	Gal. 6
Aug. 22	Job 23-24	Rom. 12	Sept. 30	Is. 45-47	Ephesians 1
Aug. 23	Job 25-27	Rom. 13	<b>Oct. 1</b>	<b>Is. 48-49</b>	<b>Eph. 2</b>
Aug. 24	Job 28-29	Rom. 14	Oct. 2	Is. 50-52	Eph. 3
Aug. 25	Job 30-31	Rom. 15	Oct. 3	Is. 53-55	Eph. 4
Aug. 26	Job 32-33	Rom. 16	Oct. 4	Is. 56-58	Eph. 5
Aug. 27	Job 34-35	1 Corin- thians 1	Oct. 5	Is. 59-60	Eph. 6
Aug. 28	Job 36-37	1 Cor. 2	Oct. 6	Is. 61-63	Philippians 1
Aug. 29	Job 38-39	1 Cor. 3	Oct. 7	Is. 64-66	Phil. 2
Aug. 30	Job 40-41	1 Cor. 4	Oct. 8	Jeremias 1-2	Phil. 3
Aug. 31	Job 42	1 Cor. 5	Oct. 9	Jer. 3-4	Phil. 4
<b>Sept. 1</b>	<b>Ecclesiastes 1-2</b>	<b>1 Cor. 6</b>	Oct. 10	Jer. 5-6	Colossians 1
Sept. 2	Eccl. 3-4	1 Cor. 7	Oct. 11	Jer. 7-8	Col. 2
Sept. 3	Eccl. 5-6	1 Cor. 8-9	Oct. 12	Jer. 9-10	Col. 3
Sept. 4	Eccl. 7-8	1 Cor. 10	Oct. 13	Jer. 11-12	Col. 4
Sept. 5	Eccl. 9-10	1 Cor. 11	Oct. 14	Jer. 13-14	1 Thessalo- nians 1
Sept. 6	Eccl. 11-12	1 Cor. 12	Oct. 15	Jer. 15-16	1 Thess. 2
Sept. 7	Canticle of Canticles 1-2	1 Cor. 13	Oct. 16	Jer. 17-18	1 Thess. 3
	(Canticle of Canticles = Song of Solomon in KJV)		Oct. 17	Jer. 19-20	1 Thess. 4
Sept. 8	Cant. 3-4	1 Cor. 14	Oct. 18	Jer. 21-22	1 Thess. 5
Sept. 9	Cant. 5-6	1 Cor. 15	Oct. 19	Jer. 23-24	2 Thessalo- nians 1
Sept. 10	Cant. 7-8	1 Cor. 16	Oct. 20	Jer. 25-26	2 Thess. 2
Sept. 11	Isaias 1-2	2 Corin- thians 1	Oct. 21	Jer. 27-28	2 Thess. 3
Sept. 12	Is. 3-5	2 Cor. 2	Oct. 22	Jer. 29-30	1 Timothy 1
Sept. 13	Is. 6-8	2 Cor. 3	Oct. 23	Jer. 31	1 Tim. 2
Sept. 14	Is. 9-11	2 Cor. 4	Oct. 24	Jer. 32	1 Tim. 3
Sept. 15	Is. 12-13	2 Cor. 5	Oct. 25	Jer. 33-34	1 Tim. 4
Sept. 16	Is. 14-15	2 Cor. 6	Oct. 26	Jer. 35-36	1 Tim. 5
Sept. 17	Is. 16-17	2 Cor. 7	Oct. 27	Jer. 37-38	1 Tim. 6
Sept. 18	Is. 18-19	2 Cor. 8	Oct. 28	Jer. 39-40	2 Timothy 1
Sept. 19	Is. 20-22	2 Cor. 9	Oct. 29	Jer. 41-43	2 Tim. 2
Sept. 20	Is. 23-24	2 Cor. 10	Oct. 30	Jer. 44-45	2 Tim. 3
			Oct. 31	Jer. 46-47	2 Tim. 4
			<b>Nov. 1</b>	<b>Jer. 48</b>	<b>Titus 1</b>

<i>Date</i>	<i>Old Testament</i>	<i>New Test.</i>
Nov. 2	Jer. 49	Titus 2
Nov. 3	Jer. 50	Titus 3
Nov. 4	Jer. 51	Philemon (all)
Nov. 5	Jer. 52	Hebrews 1
Nov. 6	Lamentations 1	Heb. 2
Nov. 7	Lam. 2	Heb. 3
Nov. 8	Lam. 3	Heb. 4
Nov. 9	Lam. 4	Heb. 5
Nov. 10	Lam. 5	Heb. 6
Nov. 11	Ezechiel 1-2	Heb. 7
Nov. 12	Ezec. 3-4	Heb. 8
Nov. 13	Ezec. 5-7	Heb. 9
Nov. 14	Ezec. 8-10	Heb. 10
Nov. 15	Ezec. 11-12	Heb. 11
Nov. 16	Ezec. 13-14	Heb. 12
Nov. 17	Ezec. 15-16	Heb. 13
Nov. 18	Ezec. 17-18	James 1
Nov. 19	Ezec. 19-20	Jms. 2
Nov. 20	Ezec. 21-22	Jms. 3
Nov. 21	Ezec. 23-24	Jms. 4
Nov. 22	Ezec. 25-26	Jms. 5
Nov. 23	Ezec. 27-28	1 Peter 1
Nov. 24	Ezec. 29-30	1 Pet. 2
Nov. 25	Ezec. 31-32	1 Pet. 3
Nov. 26	Ezec. 33-34	1 Pet. 4
Nov. 27	Ezec. 35-36	1 Pet. 5
Nov. 28	Ezec. 37-38	2 Peter 1
Nov. 29	Ezec. 39-40	2 Pet. 2
Nov. 30	Ezec. 41-42	2 Pet. 3
<b>Dec. 1</b>	<b>Ezec. 43-44</b>	<b>1 John 1</b>
Dec. 2	Ezec. 45-46	1 Jn. 2
Dec. 3	Ezec. 47-48	1 Jn. 3
Dec. 4	Daniel 1-2	1 Jn. 4
Dec. 5	Dan. 3-4	1 Jn. 5
Dec. 6	Dan. 5-6	2 John (all)
Dec. 7	Dan. 7-8	3 John (all)

<i>Date</i>	<i>Old Testament</i>	<i>New Test.</i>
Dec. 8	Dan. 9-10	Jude (all)
Dec. 9	Dan. 11-12	Apoc. 1 (Apocalypse = called Revelation in KJV)
Dec. 10	Dan. 13	Apoc. 2
Dec. 11	Dan. 14	Apoc. 3
Dec. 12	Oseë 1-3	Apoc. 4 (Oseë = Hosea in KJV)
Dec. 13	Oseë 4-6	Apoc. 5
Dec. 14	Oseë 7-9	Apoc. 6
Dec. 15	Oseë 10-14	Apoc. 7
Dec. 16	Joel 1-3	Apoc. 8
Dec. 17	Amos 1-3	Apoc. 9
Dec. 18	Amos 4-6	Apoc. 10
Dec. 19	Amos 7-9	Apoc. 11
Dec. 20	Abdias and Jonas (all)	Apoc. 12 (Abdias = Obadiah in KJV)
Dec. 21	Micheas 1-3	Apoc. 13 (Micheas = Micah in KJV)
Dec. 22	Micheas 4-7	Apoc. 14
Dec. 23	Nahum 1-3	Apoc. 15
Dec. 24	Habacuc 1-3	Apoc. 16
Dec. 25	Sophonias 1-3	Apoc. 17 (Sophonias = Zephaniah KJV)
Dec. 26	Aggeus 1-2	Apoc. 18 (Aggeus = Haggai in KJV)
Dec. 27	Zacharias 1-3	Apoc. 19 (Zacharias = Zechariah KJV)
Dec. 28	Zac. 4-7	Apoc. 20
Dec. 29	Zac. 8-10	Apoc. 21
Dec. 30	Zac. 11-14	Apoc. 22
Dec. 31	Malachi(as) 1-4	





## WEEKLY PSALTER READINGS



The Jewish Massoretic Psalm numbering, adopted for the King James Bible, differs from the numbering in the ancient Christian texts (Septuagint and Vulgate) thus:

<i>Orthodox Christian Text</i>	<i>Massoretic Text</i>
Psalms 1-8 .....	same
Psalm 9 .....	Psalms 9 and 10
Psalms 10-145 .....	Psalms 11-146
Psalms 146 and 147 .....	Psalm 147
Psalms 148-150 .....	same



### SUNDAY PSALMS & CANTICLES

Orthodox Psalm Numbering is given.

#### *MATINS*

94. Glory be. First Nocturn: 1. 2. 3. 6. Glory be. 7. 8. 9. 10. Glory be. 11. 12. 13. 14. Glory be. Second Nocturn: 15. Glory be. 16. Glory be. 17. Glory be. Third Nocturn: 18. Glory be. 19. Glory be. 20. Glory be. Lauds: 92. Glory be. 99. Glory be. 62. 66. Glory be. Cant. of Three Youths (Dan. 3:57-88, p. 82). 148. 149. 150. Glory be. Cant. of Zacharias (Lk. 1:68-79). Glory be.

#### *FIRST HOUR*

21. 22. Glory be. 23. 24. Glory be. 25. 53. Glory be. 117. 118a. Glory be. 118b. Glory be. Symbol (Creed) of St. Athanasius.

#### *THIRD HOUR*

118c. Glory be. 118d. Glory be. 118e. Glory be.

#### *SIXTH HOUR*

118f. Glory be. 118g. Glory be. 118h. Glory be.

#### *NINTH HOUR*

118i. Glory be. 118j. Glory be. 118k. Glory be.

### MONDAY PSALMS & CANTICLES

#### *MATINS*

94. Glory be. Nocturn: 26. 27. Glory be. 28. 29. Glory be. 30. 31. Glory be. 32. 33. Glory be. 34. 35. Glory be. 36. 37. Glory be. Lauds: 50. Glory be. 5. Glory be. 62. 66. Glory be. Cant. of Isaias (Is. 12:1-6). Glory be. 148. 149. 150. Glory be. Cant. of Zacharias (Lk 1:68-79). Glory be. 50. Glory be.

*FIRST, THIRD, SIXTH, & NINTH HOURS: Just as on Sunday.*

### TUESDAY PSALMS & CANTICLES

#### *MATINS*

94. Glory be. Nocturn: 38. 39. Glory be. 40. 41. Glory be. 43. 44. Glory be. 45. 46. Glory be. 47. 48. Glory be. 49. 51. Glory be. Lauds: 50. Glory be. 42. Glory be. 62. 66. Glory be. Cant. of Ezechias (Is. 38:10-20). Glory be. 148. 149. 150. Glory be. Cant. of Zacharias (Lk 1:68-79). Glory be. 50. Glory be.

*FIRST, THIRD, SIXTH, & NINTH HOURS: Just as on Sunday.*

## WEDNESDAY PSALMS & CANTICLES

### MATINS

94. Glory be. Nocturn: 52. 54. Glory be. 55. 56. Glory be. 57. 58. Glory be. 59. 60. Glory be. 61. 63. Glory be. 65. 67. Glory be. Lauds: 50. Glory be. 64. Glory be. 62. 66. Glory be. Cant. of Anna (1 Kgs 2:1-10). Glory be. 148. 149. 150. Glory be. Cant. of Zacharias (Lk 1:68-79). Glory be. 50. Glory be.

*FIRST, THIRD, SIXTH, & NINTH*

*HOURS: Just as on Sunday.*

## THURSDAY PSALMS & CANTICLES

### MATINS

94. Glory be. Nocturn: 68. 69. Glory be. 70. 71. Glory be. 72. 73. Glory be. 74. 75. Glory be. 76. 77. Glory be. 78. 79. Glory be. Lauds: 50. Glory be. 89. Glory be. 62. 66. Glory be. First Cant. of Moses (Exod 15:1-19). Glory be. 148. 149. 150. Glory be. Cant. of Zacharias (Lk 1:68-79). Glory be. 50. Glory be.

*FIRST, THIRD, SIXTH, & NINTH*

*HOURS: Just as on Sunday.*

## FRIDAY PSALMS & CANTICLES

### MATINS

94. Glory be. Nocturn: 80. 81. Glory be. 82. 83. Glory be. 84. 85. Glory be. 86. 87. Glory be. 88. 93. Glory be. 95. 96. Glory be. Lauds: 50. Glory be. 142. Glory be. 62. 66. Glory be. Cant. of Habacuc (Hab. 3:2-19). Glory be. 148. 149. 150. Glory be. Cant. of Zacharias (Lk 1:68-79). Glory be. 50. Glory be.

*FIRST, THIRD, SIXTH, & NINTH*

*HOURS: Just as on Sunday.*

## SATURDAY PSALMS & CANTICLES

### MATINS

94. Glory be. Nocturn: 97. 98. Glory be. 99. 100. Glory be. 101. 102. Glory be. 103. 104. Glory be. 105. 106. Glory be. 107. 108. Glory be. Lauds: 50. Glory be. 91. Glory be. 62. 66. Glory be. Second Cant. of Moses (Deut 32:1-43). Glory be. 148. 149. 150. Glory be. Cant. of Zacharias (Lk 1:68-79). Glory be. 50. Glory be.

*FIRST, THIRD, SIXTH, & NINTH*

*HOURS: Just as on Sunday.*

## SUNDAY VESPERS

109. Glory be. 110. Glory be. 111. Glory be. 112. Glory be. 113. Glory be. Cant. of St. Mary (Lk. 1:46-55).

## MONDAY VESPERS

114. Glory be. 115. Glory be. 116. Glory be. 119. Glory be. 120. Glory be. Cant. of the Mother of God (Lk. 1:46-55). Glory be. 50. Glory be.

## TUESDAY VESPERS

121. Glory be. 122. Glory be. 123. Glory be. 124. Glory be. 125. Glory be. Cant. of the Mother of God (Lk. 1:46-55). Glory be. 50. Glory be.

## WEDNESDAY VESPERS

126. Glory be. 127. Glory be. 128. Glory be. 129. Glory be. 130. Glory be. Cant. of the Mother of God (Lk. 1:46-55). Glory be. 50. Glory be.

**THURSDAY VESPERS**

131. Glory be. 132. Glory be. 134.  
 Glory be. 135. Glory be. 136. Glory  
 be. Cant. of the Mother of God (Lk.  
 1:46-55). Glory be. 50. Glory be.

**FRIDAY VESPERS**

137. Glory be. 138. Glory be. 139.

Glory be. 140. Glory be. 141. Glory  
 be. Cant. of the Mother of God (Lk.  
 1:46-55). Glory be. 50. Glory be.

**SATURDAY VESPERS**

143. Glory be. 144. Glory be. 145. Glory  
 be. 146. Glory be. 147. Glory be. Cant. of  
 St. Mary (Lk. 1:46-55). Glory be.

**How to Make Singing Breads**

also called Altar-Breads, or Obleys, or Prosphora

**T**o make the bread that becomes the Body of our Lord Jesus Christ (part of it is blessed at the end of the Liturgy), obtain the purest ground wheat-flour, white, but without additives, conditioners, etc. Make the work area spotless and turn off the television and radio. Wash your hands, cross yourself saying, "In the name of the Father," etc., and keep reverence to God. While working, say what prayers you know. If two or more are making breads, one should sing the Seven Psalms, p. 162, and Gradual Psalms, p. 168, and the Hours of Our Lady, p. 175.

*RECIPE*

4 cups of purest warm water	1 teaspoon salt
1 package yeast	cookie cutter with 3 inch diameter
4 pounds of finest wheat flour	

In a large bowl, dissolve yeast and salt in warm water. Gradually mix in enough flour to make a soft dough. Turn out onto floured board and knead well for 20 to 30 minutes, adding more flour as necessary, until dough becomes smooth and elastic. Place in bowl. Cover bowl with warm towel. Let rise for 30-45 minutes. Take out of bowl. Knead well; add flour as necessary, so that dough is smooth and elastic. On a lightly floured surface, roll out dough with a heavy rolling pin to a uniform ¼ inch thickness. Cut out in even circles with cookie cutter, with a diameter of about 3" each. Place on lightly floured pan using no oil of any kind. Press the iconographic bread stamp firmly into the centre of each circle. With a chopstick, matchstick or thick toothpick, prick the four corners of the stamp and the very centre of the stamp (these marks represent the wounds of Christ). Bake in preheated 350 degree oven for 10 to 15 minutes. Remove from oven and cool.

With your breads bring also to the church a list of names for the Priest to commemorate in prayer (list Orthodox and non-Orthodox separately as different prayers are used). And upon entering the church with the breads, softly sing this prayer:

**R**eceive, O Holy Trinity, these oblations which I a sinful (wo)man  
 offer for myself a sinful (wo)man and for all Christian people,