

# MATINS



*Bells are rung in the festive manner, then the Priest says, softly:*

✠ In the name... Our Father... Rejoice, Mary... (p. 1)

*The Priest sings somewhat softly, signing his lips:*

∇ **O Lord, Thou shalt open my lips.**

℞ **And my mouth shall declare Thy praise.** (Ps. 50:16)

*The Priest sings with a full voice, signing his forehead:*

∇ **O God, ✠ be attentive unto helping me.** (Ps. 69:1)

℞ **O Lord, make haste to help me. ✠ Glory be to the Father and to the Son, and to the Holy Spirit, as it was in the beginning, and now and always, and unto the ages of ages. Amen. Alleluya.**

(From Septuagesima to Pascha, in lieu of 'alleluya' is sung, 'Praise be to Thee, O Lord, King of eternal glory.')

*Here, in monastic usage, Psalm 3 is chanted.*

*varies*

INVITATORY



*Choir:* Let us praise the name of the Lord, for it is sweet. With hymns let us give thanks unto Him, for He is the Lord our God.

*The chanter(s) always sing(s) the Psalm 94:*

**C**ome, let us rejoice in the Lord, let us shout with jubilation unto God our Saviour. Let us come before His countenance with thanksgiving, and with psalms let us shout in jubilation unto Him.

*Choir:* Let us praise the name of the Lord, for it is sweet. With hymns let us give thanks unto Him, for He is the Lord our God.

**Chanter:** For the Lord is a great God, and a great king over all the earth. For the Lord will not cast off His people, for in His hand are all the ends of the earth, and the heights of the mountains are His.

*Choir:* With hymns let us give thanks unto Him, for He is the Lord our God.

**Chanter:** For the sea is His, and He made it, and the dry land His hands have fashioned. O come, let us worship and fall down before Him, and let us weep before the Lord Who made us, for He is our God, and we are the people of His pasture and the sheep of His hand.

*Choir:* Let us praise the name of the Lord, for it is sweet. With hymns let us give thanks unto Him, for He is the Lord our God.

*Chanter:* **Today if ye will hear His voice, harden not your hearts, as in the provocation in the day of temptation in the wilderness. For your fathers tempted Me; they proved Me and saw My works.**

*Choir:* With hymns let us give thanks unto Him, for He is the Lord our God.

*Chanter:* **Forty years long was I grieved with that generation, and I said: They do always err in their hearts, and they have not known My ways; so I swear in Mine anger: They shall not enter into My rest.**

*Choir:* Let us praise the name of the Lord, for it is sweet. With hymns let us give thanks unto Him, for He is the Lord our God.

*Chanter:* ✠ **Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, and now and always, and unto the ages of ages. Amen.**

*Choir:* With hymns let us give thanks unto Him, for He is the Lord our God. Let us praise the name of the Lord, for it is sweet. With hymns let us give thanks unto Him, for He is the Lord our God.

*HYMN OF ST. GREGORY THE GREAT*

*varies* *Choir 1:*



**R**ising in darkness, let us all keep vigil.  
Let us at all times contemplate the Psalter,  
And let us sweetly hymn the Lord with every  
Pow'r of the spirit. *Choir 2:*

**That as together we sing to our kind King,  
We may be worthy with His Saints to enter  
The hall of heaven, and unceasingly live  
That life rejoicing.** *Both choirs:*

✠ **The joy-creating Deity grant us this—  
The Son, the Father, and in equal manner,  
The Holy Spirit—He Whose glory through all  
The earth resoundeth. Amen.**

**FIRST NOCTURN**

*PSALM 1*

**B**lessed is the man that hath not walked in the counsel of the ungodly ∷ nor stood in the way of sinners, nor sat in the seat of the pestilent.

**But his will is rather in the law of the Lord ∷ and in His law will he meditate day and night.**

**And he shall be like the tree which is planted by the streams of the waters ∷ which shall bring forth its fruit in its season.**

And its leaf shall not fall ∴ and all things whatsoever he may do shall prosper.

Not so are the ungodly, not so ∴ but rather they are like the chaff which the wind doth hurl away from the face of the earth.

For this reason shall the ungodly not stand up in judgment ∴ nor sinners in the council of the righteous.

For the Lord knoweth the way of the righteous ∴ and the way of the ungodly shall perish.

*PSALM 2*

**W**hy have the heathen raged ∴ and the peoples meditated empty things?

The kings of the earth were aroused, and the rulers were assembled together ∴ against the Lord, and against His Christ.

Let us break their bonds asunder ∴ and let us cast away their yoke from us.

He that dwelleth in the heavens shall laugh them to scorn ∴ and the Lord shall deride them.

Then shall He speak unto them in His wrath ∴ and in His anger shall He trouble them.

But as for Me, I was established as king by Him, upon Sion His holy mountain ∴ proclaiming the commandment of the Lord.

The Lord said unto Me: Thou art My Son ∴ this day have I begotten Thee.

Ask of Me, and I will give Thee the nations for Thine inheritance ∴ and the uttermost parts of the earth for Thy possession.

Thou shalt herd them with a rod of iron ∴ Thou shalt shatter them like a potter's vessels.

And now, O ye kings, understand ∴ be instructed, all ye that judge the earth.

Serve ye the Lord with fear ∴ and rejoice in Him with trembling.

Lay hold of instruction, lest at any time the Lord be angry ∴ and ye perish from the righteous way.

When quickly His wrath be kindled ∴ blessed are all that have put their trust in Him.

*PSALM 3*

**O** Lord, why are they multiplied that afflict me? ∴ Many rise up against me.

Many say unto my soul ∴ There is no salvation for him in his God.

But Thou, O Lord, art my helper ∴ my glory, and the lifter up of my head.

I cried unto the Lord with my voice ∴ and He heard me out of His holy mountain.

I laid me down and slept; I awoke ∴ for the Lord will help me.  
 I will not be afraid of ten thousands of people that set themselves  
 against me round about ∴ arise, O Lord; save me, O my God.  
 For Thou hast smitten all who without cause are mine enemies ∴ the  
 teeth of sinners hast Thou broken.  
 Salvation is of the Lord ∴ and Thy blessing is upon Thy people.

## PSALM 6

**O** Lord, rebuke me not in Thine anger ∴ nor chasten me in Thy  
 wrath.  
 Have mercy on me, O Lord, for I am weak ∴ heal me, O Lord, for my  
 bones are troubled.  
 And my soul is troubled greatly ∴ but Thou, O Lord, how long?  
 Turn to me again, O Lord, deliver my soul ∴ save me for Thy mercy's  
 sake.  
 For in death there is none that is mindful of Thee ∴ and in Hades who  
 will confess Thee?  
 I toiled in my groaning ∴ every night I will wash my bed; with tears will  
 I water my couch.  
 Through wrath is mine eye become troubled ∴ I have grown old among  
 all mine enemies.  
 Depart from me, all ye that work vanity ∴ for the Lord hath heard the  
 voice of my weeping.  
 The Lord hath heard my supplication ∴ the Lord hath received my  
 prayer.  
 Let all mine enemies be greatly put to shame and be troubled ∴ let them  
 be turned back, and speedily be greatly put to shame.  
 ✠ Glory be to the Father and to the Son ∴ and to the Holy Spirit.  
 As it was in the beginning, and now and always ∴ and unto the ages of  
 ages. Amen.

## ANTIPHON

*varies* ⇨ *Choir:* For the good deeds of his faith, he is rightly called blessèd who  
 meditateth in the law of the Lord day and night. (1:1-2)

## PSALM 7

**O** Lord my God, in Thee have I put my hope ∴ save me from them that  
 persecute me, and do Thou deliver me.  
 Lest at any time like a lion he seize my soul ∴ when there is none to  
 redeem me, nor to save.  
 O Lord my God, if I have done this ∴ if there be injustice in my hands,  
 If I have paid back evil to them that rendered evil unto me ∴ then let me  
 fall back empty from mine enemies.  
 Then let the enemy pursue my soul, and take it ∴ and let him tread

down my life into the earth, and my glory let him bring down into the dust.

Arise, O Lord, in Thine anger ∴ exalt Thyself to the furthest boundaries of Thine enemies.

And arouse Thyself, O Lord my God, in the commandment which Thou hast enjoined ∴ and a congregation of peoples shall surround Thee.

And for their sakes return Thou on high ∴ the Lord shall judge the peoples.

Judge me, O Lord, according to my righteousness ∴ and according to mine innocence within me.

Let the wickedness of sinners be ended, and do Thou guide the righteous man ∴ O God, that searchest out the hearts and reins.

Righteous is my help from God ∴ Who saveth them who are upright of heart.

God is a judge that is righteous, strong and forbearing ∴ and inflicteth not wrath every day.

Unless ye be converted, His glittering sword shall He furbish ∴ He hath bent His bow, and hath made it ready.

And on it He hath made ready the instruments of death ∴ His arrows for them that rage hotly hath He perfected.

Behold, he was in travail with unrighteousness ∴ he hath conceived toil and brought forth iniquity.

He opened a pit and dug it ∴ and he shall fall into the hole which he hath made.

His toil shall return upon his own head ∴ and upon his own pate shall his unrighteousness come down.

I will give praise unto the Lord according to His righteousness ∴ and I will chant unto the name of the Lord Most High.

*PSALM 8*

**O** Lord, our Lord, how wonderful ∴ is Thy name in all the earth. For Thy magnificence is lifted ∴ high above the heavens.

Out of the mouths of babes and sucklings hast Thou perfected praise, because of Thine enemies ∴ to destroy the enemy and avenger.

For I will behold the heavens, the works of Thy fingers ∴ the moon and the stars, which Thou hast founded.

What is man, that Thou art mindful of him ∴ or the son of man, that Thou visitest him?

Thou hast made him a little lower than the angels; with glory and honour hast Thou crowned him ∴ and Thou hast set him over the works of Thy hands.

All things hast Thou subjected under his feet, sheep and all oxen ∷ yea,  
 and the beasts of the field,  
 The birds of the air, and the fish of the sea ∷ the things that pass  
 through the paths of the sea.  
 O Lord, our Lord, how wonderful ∷ is Thy name in all the earth!

*PSALM 9*

**I** will confess Thee, O Lord, with my whole heart ∷ I will tell of all Thy  
 wonders.

I will be glad and rejoice in Thee ∷ I will chant unto Thy name, O Most  
 High.

When mine enemy be turned back ∷ they shall grow weak and shall  
 perish before Thy face.

For Thou hast maintained my judgment and my cause ∷ Thou hast sat  
 upon a throne, O Thou that judgest righteousness.

Thou hast rebuked the heathen, and the ungodly man hath perished ∷  
 his name Thou hast blotted out for ever, and unto ages of ages.

The swords of the enemy have utterly failed ∷ and his cities Thou hast  
 destroyed.

The remembrance of him hath perished with a resounding noise ∷ but  
 the Lord for ever abideth.

In judgment hath He prepared His throne ∷ and He Himself will judge  
 the world in righteousness; He will judge the peoples in uprightness.  
 And the Lord is become a refuge for the poor man ∷ a helper in times of  
 well-being and in afflictions.

And let them that know Thy name hope in Thee ∷ for Thou hast not  
 forsaken them that seek Thee, O Lord.

Chant unto the Lord Who dwelleth in Sion ∷ proclaim ye His ways  
 among the nations.

For He that maketh enquiry for blood hath remembered them ∷ He  
 hath not forgotten the cry of the paupers.

Have mercy on me, O Lord ∷ see my humiliation which I have suffered  
 from mine enemies,

O Thou that dost raise me up from the gates of death: that I may  
 declare all Thy praises in the gates of the daughter of Sion.

We will rejoice in Thy salvation ∷ the heathen are ensnared in the  
 destruction which they have wrought.

In this snare which they hid ∷ hath their foot been caught.

The Lord is known by the judgments which He executeth ∷ in the works  
 of his own hands hath the sinner been caught.

Let sinners be turned away unto Hades ∷ yea, all the nations that are  
 forgetful of God.

For the poor man shall not be forgotten to the end ∴ the patience of the  
paupers shall not perish for ever.

Arise, O Lord, let not man prevail ∴ let the nations be judged before  
Thee.

O Lord, set a lawgiver over them ∴ let the heathen know that they are  
but men.

Why, O Lord, hast Thou gone to stand afar off ∴ why dost Thou  
overlook us in times of well-being and in afflictions?

When the ungodly man is arrogant, the poor man burneth within ∴ they  
are caught in the counsels which they devise.

For the sinner praiseth himself in the lusts of his soul ∴ and the  
unrighteous man likewise blesseth himself therein.

The sinner hath provoked the Lord ∴ according to the magnitude of his  
wrath, he careth not.

God is not before him ∴ profane are his ways in every season.

Thy judgments are removed from his sight ∴ over all his enemies shall  
he gain dominion.

For he said in his heart ∴ I shall not be shaken; from generation to  
generation shall I be without harm.

With cursing is his mouth filled, and with bitterness and deceit ∴ under  
his tongue are toil and travail.

He sitteth in ambush with the rich in secret places ∴ that he may slay  
the innocent.

His eyes are set upon the poor man ∴ he lieth in wait in a secret place  
like a lion in his den.

He lieth in wait to seize upon the poor man ∴ to seize upon the poor  
man when he draweth him in.

In his snare will he humble himself ∴ he will bow down and fall while  
gaining dominion over the poor.

For he said in his heart: God hath forgotten ∴ He hath turned away His  
face, that He might not see unto the end.

Arise, O Lord my God, let Thy hand be lifted high ∴ forget not Thy  
paupers to the end.

Why hath the ungodly one provoked God? ∴ For he hath said in his  
heart: He will not make enquiry.

Thou seest, for Thou understandest travail and anger ∴ that Thou  
mightest deliver him into Thy hands.

To Thee hath the beggar been abandoned ∴ for the orphan art Thou a  
helper.

Break Thou the arm of the sinner and of the evil man ∴ his sin shall be  
sought out and be found no more.

The Lord shall be king for ever, and unto the ages of ages ∴

ye heathen shall perish out of His land.  
 The desire of the poor hast Thou heard, O Lord ∴ to the preparation of  
 their heart hath Thine ear been attentive,  
 To judge for the orphan and the humble ∴ that man may no more  
 presume to be haughty upon the earth.

## PSALM 10

**I**n the Lord have I hoped; how will ye say to my soul ∴ Flee unto the  
 mountains like a sparrow?

For behold, the sinners have bent their bow, they have prepared  
 arrows for the quiver ∴ to shoot down in a moonless night the  
 upright of heart.

For what Thou hast formed they have destroyed ∴ and the righteous  
 man, what hath he done?

The Lord is in His holy temple ∴ the Lord, in heaven is His throne.  
 His eyes are set upon the poor man ∴ His eyelids examine the sons of  
 men.

The Lord examineth the righteous man and the ungodly ∴ but he that  
 loveth unrighteousness hateth his own soul.

He will rain down snares upon sinners ∴ fire and brimstone and wind of  
 tempest shall be the portion of their cup.

For the Lord is righteous and hath loved righteousness ∴ upon  
 uprightness hath His countenance looked.

✠ Glory be... | As it was...

## ANTIPHON

*varies* ⇨ *Choir*: O God, O Judge Who art righteous, strong, and forbearing, and  
 gracious, defend in Thy compassion the faithful that hope in Thee. (7:13)

## PSALM 11

**S**ave me, O Lord, for a righteous man there is no more ∴ for truths  
 have diminished from the sons of men.

Vain things hath each man spoken to his neighbour ∴ deceitful lips are  
 in his heart, and in his heart hath he spoken evils.

Let the Lord destroy all deceitful lips ∴ and the tongue that speaketh  
 boastful words.

Which have said: Our tongue will we magnify ∴ our lips are our own;  
 who is lord over us?

Because of the distress of the beggars and the groaning of the poor ∴  
 now will I arise, saith the Lord.

I will establish them in salvation ∴ I will be manifest therein.

The words of the Lord are pure words, silver that is fired ∴ tried in the  
 earth, brought to sevenfold purity.

Thou, O Lord, shalt keep us and shalt preserve us ∴



from this generation, and for evermore.

The ungodly walk round about ∷ to the measure of Thy loftiness hast  
Thou esteemed the sons of men.

*PSALM 12*

**H**ow long, O Lord, wilt Thou utterly forget me ∷ how long wilt Thou  
turn Thy face away from me?

How long shall I take counsel in my soul ∷ with grievings in my heart  
by day and by night?

How long shall mine enemy be exalted over me? ∷ look upon me, hear  
me, O Lord my God.

Enlighten mine eyes, lest at any time I sleep unto death ∷ lest at any  
time mine enemy say: I have prevailed against him.

They that afflict me will rejoice if I am shaken ∷ but as for me, I have  
hoped in Thy mercy.

My heart will rejoice in Thy salvation; I will sing unto the Lord, Who  
is my benefactor ∷ and I will chant unto the name of the Lord Most  
High.

*PSALM 13*

**T**he fool hath said in his heart ∷ There is no God.

They are become corrupt and loathsome in their ways ∷ there is  
none that doeth good, no not one.

The Lord looked down from heaven upon the sons of men ∷ to see if  
there be any that understand or seek after God.

They are all gone astray, they are altogether rendered useless ∷ there is  
none that doeth good, no not one.

Shall not all they that work iniquity come to understanding? ∷ They  
that eat up my people as they eat bread have not called upon the  
Lord.

There have they feared with fear ∷ where there is no fear.

For the Lord is in the generation of the righteous ∷ the counsel of the  
poor man have ye shamed, but the Lord is his hope.

Who shall give out of Sion the salvation of Israël? ∷ When the Lord  
hath turned back the captivity of His people, Jacob shall rejoice and  
Israël shall be glad.

*PSALM 14*

**O** Lord, who shall abide in Thy tabernacle ∷ and who shall dwell in  
Thy holy mountain?

He that walketh blameless ∷ and worketh righteousness,

Speaking truth in his heart ∷ who hath not spoken deceitfully with his  
tongue.

Neither hath done evil to his neighbour ∷ nor taken up a reproach

against those near him.

**In his sight he that worketh evil is set at nought ∴ but he glorifieth them that fear the Lord.**

**He giveth oath to his neighbour, and forsweareth not ∴ he hath not lent his money on usury, and hath not received bribes against the innocent.**

**He that doeth these things ∴ shall never be shaken.**

✠ **Glory be... | As it was...**

#### ANTIPHON

*varies* ⇨ *Choir:* Arise, and for ever keep and preserve Thy servants by Thy holy protection, Thou Who hast power over the stars. (11:6,9)

∴ **I remembered Thy name in the night, O Lord.**

℟̕ **And I kept Thy law.** (Ps. 118:55)

*Priest:* **Our Father...** (*softly, all bowing, until we rise for:*)

∴ **And lead us not into temptation.**

℟̕ **But deliver us from evil.**

#### LESSONS

*Reader 1:* **Grant, O Lord, to bless.**

*Priest:* **With a blessing everlasting may the eternal Father bless us.**

℟̕ **Amen.**

*We sit for the lessons—and stand again at the Glory Be of Responsory 3.*

#### LESSON 1

The proper lesson from the Book of Readings is sung standing.

#### RESPONSORY 1

*varies* ⇨ *Choir:* Let God, our God, bless us; let God bless us, | And let all the ends of the earth fear Him. | ∴ God be gracious unto us, and may God bless us. | And let all the ends of the earth fear Him. (Ps. 66:7,1)

*Reader 2:* **Grant, O Lord, to bless.**

*Priest:* **May God the Son of God deign to bless and assist us.** ℟̕ **Amen.**

#### LESSON 2

The proper lesson from the Book of Readings is sung standing.

#### RESPONSORY 2

*Server:* Benedícite. *Priest:* Dóminus. May it be blessed by Him in Whose honour it shall be burnt. In the name of the Father and Son and Holy Spirit. Amen. (& *he censes*)

*varies* ⇨ *Choir:* Blessed is the Lord, the God of Israel, Who alone doeth wonders, | And blessed is the name of His glory for evermore. | ∴ All the earth shall be filled with His glory; so be it; so be it. (Ps. 71:20) | And blessed is the name of His glory for evermore.

*Reader 3:* **Grant, O Lord, to bless. Priest: May the grace of the Holy Spirit illumine our hearts and bodies. ℞. Amen.**

*LESSON 3*

The proper lesson from the Book of Readings is sung standing.

*RESPONSORY 3*

*varies* ⇨ *Choir:* What God is as great as our God? | Thou art God, | Who workest wonders. | ℣ Thou hast made Thy power known among the peoples; with Thine arm hast Thou redeemed Thy people (Ps. 76:13,14) | Thou art God...

*We stand for the Glory Be:*

✠ Glory be to the Father, and to the Son, and to the Holy Spirit. | Who workest wonders.



**SECOND NOCTURN**

*PSALM 15*

**K**eepest me, O Lord, for in Thee have I hoped; I said unto the Lord:  
Thou art my Lord ∴ for of my goods, no need hast Thou.

In the saints that are in His earth hath the Lord been wondrous ∴ He  
hath wrought all His desires in them.

Their infirmities increased ∴ thereupon they hastened.

I will not assemble their assemblies of blood ∴ nor will I make  
remembrance of their names through my lips.

The Lord is the portion of mine inheritance and of my cup ∴ Thou art  
He that restorest mine inheritance unto me.

Portions have fallen to me that are among the best ∴ for mine  
inheritance is most excellent to me.

I will bless the Lord Who hath given me understanding ∴ moreover,  
even till night have my reins instructed me.

I beheld the Lord ever before me ∴ for He is at my right hand, that I  
might not be shaken.

Therefore did my heart rejoice and my tongue was glad ∴ moreover, my  
flesh shall dwell in hope.

For Thou wilt not abandon my soul in hades ∴ nor wilt Thou suffer Thy  
Holy One to see corruption.

Thou hast made known to me the ways of life, Thou wilt fill me with  
gladness with Thy countenance ∴ delights are in Thy right hand for  
ever.

✠ Glory be to the Father, and to the Son ∴ and to the Holy Spirit.

As it was in the beginning, and now and always ∴ and unto the ages of  
ages. Amen.

*varies*

## ANTIPHON



*Choir:* O Father of the universe, preserve us who are redeemed from death, and make Thy servants worthy of Thy service.

## PSALM 16

**H**earken, O Lord, unto my righteousness ∷ attend unto my supplication.

Give ear unto my prayer ∷ which cometh not from deceitful lips.  
From before Thy face let my judgment come forth ∷ let mine eye behold uprightness.

Thou hast proved my heart, Thou hast visited it in the night ∷ Thou hast tried me by fire, and unrighteousness was not found in me.

That my mouth might not speak of the works of men ∷ for the sake of the words of Thy lips have I kept the ways that are hard.

Set my footsteps in Thy paths ∷ that my steps may not be shaken.

I have cried for Thou hast hearkened unto me, O God ∷ incline Thine ear unto me, and hearken unto my words.

Let Thy mercies be made wonderful ∷ O Thou that savest them that hope in Thee.

From them that have resisted Thy right hand, keep me, O Lord ∷ as the apple of Thine eye.

In the shelter of Thy wings wilt Thou shelter me ∷ from the face of the ungodly which have oppressed me.

Mine enemies have surrounded my soul, they have enclosed themselves with their own fat ∷ their mouth hath spoken pride.

They that cast me out have now encircled me ∷ they have set their eyes to look askance on the earth.

They have taken me as might a lion ready for his prey ∷ and as might a lion's whelp that dwelleth in hiding.

Arise, O Lord, overtake them and trip their heels ∷ deliver my soul from ungodly men, Thy sword from the enemies of Thy hand.

O Lord, from Thy few do Thou separate them from the earth in their life ∷ yea, with Thy hidden treasures hath their belly been filled.

They have satisfied themselves with swine ∷ and have left the remnants to their babes.

But as for me, in righteousness shall I appear before Thy face ∷ I shall be filled when Thy glory is made manifest to me.

✠ Glory be to the Father and to the Son ∷ and to the Holy Spirit.

As it was in the beginning, and now and always ∷ and unto the ages of ages. Amen.

## ANTIPHON

*varies* ⇨ *Choir:* Our hearts do Thou set on fire to Thee, O Creator of the world, by holy fire cleansing them, and by burning proving them.

*PSALM 17*

**I** will love Thee, O Lord, my strength ∴ the Lord is my foundation,  
and my refuge, and my deliverer.

My God is my helper ∴ and I will hope in Him,

My defender, and the horn of my salvation ∴ and my helper.

With praise will I call upon the name of the Lord ∴ and from mine enemies  
shall I be saved.

The pangs of death surrounded me ∴ and the torrents of iniquity sorely  
troubled me.

The pangs of hades encircled me ∴ round about the snares of death have  
overtaken me.

And in mine affliction I called upon the Lord ∴ and unto my God I cried;  
He heard my voice out of His holy temple ∴ and my cry before Him shall  
enter into His ears.

And the earth shook and was made to tremble ∴ and the foundations of the  
mountains were troubled and were shaken, because God was angry  
with them.

There went up smoke in His wrath, and fire from His countenance set all  
aflake ∴ coals were kindled therefrom.

And He bowed the heavens and came down ∴ and thick darkness was  
under His feet.

And He mounted upon Cherubim and flew ∴ He flew upon the wings of the  
winds.

And He made darkness His hiding place, His tabernacle round about Him  
∴ dark water in the clouds of the air.

From the far-shining radiance that was before Him ∴ there passed by  
clouds, hail, and coals of fire.

And the Lord thundered out of heaven ∴ and the Most High gave forth His  
voice.

And He sent forth His arrows, and scattered them ∴ and lightnings He  
multiplied, and troubled them sorely.

And the well-springs of the waters were seen ∴ and the foundations of the  
world were revealed,

At Thy rebuke, O Lord ∴ at the on-breathing of the spirit of Thy wrath.  
He sent from on high, and He took me ∴ He received me out of many  
waters.

He will deliver me from mine enemies which are mighty and from them  
that hate me ∴ for they are stronger than I.

They overtook me in the day of mine affliction ∴ and the Lord became my  
firm support.

And He led me forth into a spacious place ∴ He will deliver me, because He  
desired me.

And the Lord will recompense me according to my righteousness ∴ and according to the purity of my hands will He recompense me.

For I have kept the ways of the Lord ∴ and I have not acted impiously toward my God.

For all His judgments are before me ∴ and His statutes departed not from me.

And I shall be blameless with Him ∴ and I shall keep myself from mine iniquity.

And the Lord will reward me according to my righteousness ∴ and according to the purity of my hands before His eyes.

With the holy man wilt Thou be holy ∴ and with the innocent man wilt Thou be innocent.

And with the elect man wilt Thou be elect ∴ and with the perverse wilt Thou be perverse.

For Thou wilt save a humble people ∴ and Thou wilt humble the eyes of the arrogant.

For Thou wilt light my lamp ∴ O Lord my God, Thou wilt enlighten my darkness.

For by Thee shall I be delivered from a host of robbers ∴ and by my God shall I leap over a wall.

As for my God, blameless is His way ∴ the words of the Lord are tried in the fire; defender is He of all that hope in Him.

For who is god, save the Lord ∴ and who is god, save our God?

It is God, Who girded me with power ∴ and hath made my path blameless.

Who maketh my feet like the feet of a hart ∴ and setteth me upon high places,

Who teacheth my hands for war ∴ and Thou madest mine arms a bow of brass.

And Thou gavest me the shield of salvation ∴ and Thy right hand hath upheld me.

And Thine instruction hath corrected me even unto the end ∴ yea, Thine instruction, the same will teach me.

Thou hast enlarged my steps under me ∴ and the tracks of my feet are not weakened.

I shall pursue mine enemies and I shall overtake them ∴ and I shall not turn back until they fail.

I shall greatly afflict them and they shall not be able to stand ∴ they shall fall under my feet.

For Thou hast girded me with power for war ∴ in subjection under me hast Thou bound the feet of all them that rose up against me.

And Thou hast made mine enemies turn their back before me ∴

and them that hate me hast Thou utterly destroyed.  
 They cried, and there was no saviour—even to the Lord ∴ and He  
 hearkened not to them.  
 And I will grind them fine as dust before the face of the wind ∴ I will  
 trample them down as mud in the streets.  
 Deliver me from the gainsaying of the people ∴ Thou wilt set me at the  
 head of nations.  
 A people which I knew not hath served me ∴ no sooner than their ear  
 had heard, they obeyed me.  
 Sons that are strangers have lied unto me; sons that are strangers have  
 grown old ∴ and they have limped away from their paths.  
 The Lord liveth, and blessed is my God ∴ and let the God of my  
 salvation be exalted.  
 O God Who givest avengement unto me ∴ and hast subdued peoples  
 under me, O my deliverer from enemies which are prone to anger,  
 From them that arise up against me wilt Thou lift me high ∴ from the  
 unrighteous man deliver me.  
 For this cause will I confess Thee among the nations, O Lord ∴ and  
 unto Thy name will I chant.  
 It is he that magnifieth the salvation of His king and worketh mercy  
 for His anointed, for David ∴ and for his seed unto eternity.  
 ✠ Glory be to the Father and to the Son ∴ and to the Holy Spirit.  
 As it was in the beginning, and now and always ∴ and unto the ages of  
 ages. Amen.

## ANTIPHON

*varies* ⇨ *Choir:* Thou wilt save a humble people from death, O Redeemer, and the  
 proud necks Thou humblest with Thine arrow. (17:31,17)

∴ **At midnight I arose to give thanks unto Thee.**

℟: **For the judgments of Thy righteousness.** (Ps. 118:62)

*Priest:* **Our Father...** (*softly, all bowing, till we rise for:*)

∴ **And lead us not into temptation.**

℟: **But deliver us from evil.**



## LESSONS

*Reader 4:* **Grant, O Lord, to bless.**

*Priest:* **May the almighty Lord bless us with His grace.** ℟: **Amen.**

*We sit for the lessons—and stand again at the Glory Be of Responsory 6.*

## LESSON 4

The proper lesson from the Book of Readings is sung standing.

*varies**RESPONSORY 4*

↪ *Choir:* Great is our Lord, and great is His strength, | And of His understanding there is no measure. (Ps. 146:5) | ♪ ♫ Great is the Lord and exceedingly to be praised, and of His greatness there is no end. (Ps. 144:3) | And of His understanding there is no measure.

*Reader 5:* **Grant, O Lord, to bless.**

*Priest:* **May Christ give us the joys of unending life. ℟. Amen.**

*LESSON 5*

The proper lesson from the Book of Readings is sung standing.

*RESPONSORY 5*

*Server:* Benedícite. *Priest:* Dóminus. May it be blessed by Him in Whose honour it shall be burnt. In the name of the Father and Son and Holy Spirit. Amen. (*& he censes*)

*varies* ⇨ *Choir:* Glory to the Father, and to His begotten Son, and unto Thee, O life-bearing Spirit, Who art equal to Them both, one God | Unto all ages of ages. | ♪ ♫ Grant us a recompense of joys, grant us Thy gifts of grace; unbind strife's fetters, and bind fast the bands of peace. | Unto all ages of ages.

*Reader 6:* **Grant, O Lord, to bless.**

*Priest:* **May the life-giving Spirit purify us inwardly and outwardly. ℟. Amen.**

*LESSON 6*

The proper lesson from the Book of Readings is sung standing.

*varies**RESPONSORY 6*

↪ *Choir:* Honour, might, and power, and dominion, be unto the Trinity in Unity, and the Unity in Trinity. | Unto the endless season of the ages. | ♪ ♫ To the Trinity be light ever-unending, to the Unity be glory all-unceasingly. | Unto the endless season of the ages.

*We stand for the Glory Be:*

✦ Glory be to the Father, and to the Son, and to the Holy Spirit. | Unto the endless seasons of the ages.

**THIRD NOCTURN***PSALM 18*

**T**he heavens declare the glory of God ∴ and the firmament  
proclaimeth the work of His hands.

**Day unto day poureth forth speech ∴ and night unto night proclaimeth  
knowledge.**

**There are no tongues nor words ∴ in which their voices are not heard.  
Their sound hath gone forth into all the earth ∴ and their words unto  
the ends of the world.**

**In the sun hath He set His tabernacle ∴ and He, like a bridegroom**



coming forth from his chamber,  
 Will rejoice like a giant to run his course ∴ from the outermost border  
 of heaven is His going forth,  
 And His goal is unto the outermost part of heaven ∴ and there shall no  
 man hide himself from His heat.  
 The law of the Lord is blameless, converting souls ∴ the testimony of  
 the Lord is trustworthy, bringing wisdom to infants.  
 The statutes of the Lord are upright, gladdening the heart ∴ the  
 commandment of the Lord is far-shining, enlightening the eyes.  
 The fear of the Lord is pure, enduring for ever and ever ∴ the  
 judgments of the Lord are true, altogether justified,  
 More to be desired than gold and much precious stone ∴ and sweeter  
 than honey and the honeycomb.  
 Yea, for Thy servant keepeth them ∴ in keeping them there is much  
 reward.  
 As for transgressions, who will understand them? ∴ From my secret  
 sins cleanse me, and from those of others spare Thy servant.  
 If they have not dominion over me, then blameless shall I be ∴ and I  
 shall be cleansed from great sin.  
 And the sayings of my mouth shall be unto Thy good pleasure ∴ and  
 the meditation of my heart shall be before Thee for ever,  
 O Lord, my helper ∴ and redeemer.  
 ✠ Glory be to the Father and to the Son ∴ and to the Holy Spirit.  
 As it was in the beginning, and now and always ∴ and unto the ages of  
 ages. Amen.

ANTIPHON

*varies*



*Choir:* Christ came forth into the world like a bridegroom from his chamber,  
 descending from heaven with mighty power, bringing us salvation. (18:6,7)

PSALM 19

**T**he Lord hear thee in the day of affliction ∴ the name of the God of  
 Jacob defend thee.  
 Let Him send forth unto thee help from His sanctuary ∴ and out of Sion  
 let Him help thee.  
 Let Him remember every sacrifice of thine ∴ and thy whole-burnt  
 offering let Him fatten.  
 The Lord grant thee according to thy heart ∴ and fulfil all thy purposes.  
 We will rejoice in Thy salvation ∴ and in the name of the Lord our God  
 shall we be magnified.  
 The Lord fulfil all thy requests ∴ now have I known that the Lord hath  
 saved His anointed one.  
 He will hearken unto him out of His holy heaven ∴  
 in mighty deeds is the salvation of His right hand.

Some trust in chariots, and some in horses ∴ but we will call upon the name of the Lord our God.

They have been fettered and have fallen ∴ but we are risen and are set upright.

O Lord, save the king ∴ and hearken unto us in the day when we call upon Thee.

✠ Glory be to the Father and to the Son ∴ and to the Holy Spirit.

As it was in the beginning, and now and always ∴ and unto the ages of ages. Amen.

ANTIPHON

*varies* ⇨ *Choir:* Send forth unto us, Saviour, the help of Thy salvation, and in due season grant us life unending. (19:2)

PSALM 20

**O** Lord, in Thy strength the king shall be glad ∴ and in Thy salvation shall he rejoice exceedingly.

The desire of his heart hast Thou granted unto him ∴ and hast not denied him the requests of his lips.

Thou wentest before him with the blessings of goodness ∴ Thou hast set upon his head a crown of precious stone.

He asked life of Thee, and Thou gavest him length of days ∴ unto ages of ages.

Great is his glory in Thy salvation ∴ glory and majesty shalt Thou lay upon him.

For Thou shalt give him blessing for ever and ever ∴ Thou shalt gladden him in joy with Thy countenance.

For the king hopeth in the Lord ∴ and through the mercy of the Most High shall he not be shaken.

Let Thy hand be found on all Thine enemies ∴ let Thy right hand find all that hate Thee.

For Thou wilt make them as an oven of fire in the time of Thy presence ∴ the Lord in His wrath will trouble them sorely and fire shall devour them.

Their fruit wilt Thou destroy from the earth ∴ and their seed from the sons of men.

For they have intended evil against Thee ∴ they have devised counsels which they shall not be able to establish.

For Thou shalt make them turn their backs ∴ among those that are Thy remnant, Thou shalt make ready their countenance.

Be Thou exalted, O Lord, in Thy strength ∴ we will sing and chant of Thy mighty acts.

✠ Glory be to the Father, and to the Son ∴ and to the Holy Spirit.

**As it was in the beginning, and now and always ∴ and unto the ages of ages. Amen.**

*ANTIPHON*

*varies* ⇨ *Choir:* O King existing eternally, do Thou spare our downfalls, which bring us sorrow, distributing Thy gifts, and ruling Thy universe.

∴ **Be Thou exalted, O Lord, in Thy strength.**

℟: **We will sing and chant of Thy mighty acts.** (Ps. 20:13)

*Priest:* **Our Father...** (*softly, all bowing, till we rise for:*)

∴ **And lead us not into temptation.**

℟: **But deliver us from evil.**

**LESSONS**

*Reader 7:* **Grant, O Lord, to bless.** (*The blessing depends on the Gospel:*)

*St. Matthew:* **May the Gospel reading be our salvation and protection.**

*St. Mark:* **May the Creator of the world arm us with the weapons of the Gospels.**

*St. Luke:* **Through the words of the Gospel may our transgressions be blotted out.**

*St. John:* **May the fountain of the Gospel fill us with heavenly dogma.**

℟: **Amen.**

*When the homily begins, we sit—& stand again for the Glory Be of Responsory 9.*

*LESSON 7*

The proper lesson from the Book of Readings is sung standing.

*varies*

*RESPONSORY 7*



*Choir:* To Thee be praise, to Thee be glory, to Thee be thanksgiving, | Unto ages everlasting, O Blessed Trinity. | ∴ And blessed is the name of Thy glory, and worthy of praise, and supremely exalted. | Unto ages everlasting, O Blessed Trinity.

*Reader 5:* **Grant, O Lord, to bless.**

*Priest:* **May the Divine assistance abide with us for ever.** ℟: **Amen.**

*LESSON 8*

The proper lesson from the Book of Readings is sung standing.

*RESPONSORY 8*

*Server:* Benedícite. *Priest:* Dóminus. May it be blessed by Him in Whose honour it shall be burnt. In the name of the Father and Son and Holy Spirit. Amen. (*& he censes*)

*varies*



*Choir:* Let us bless the ✠ Father and the Son, with the Holy Spirit; let us praise and supremely exalt Him | Unto the ages. | ∴ Blessed art Thou, O Lord, in the firmament of heaven; and worthy of praise, and glorious. | Unto the ages.

Reader 9: **Grant, O Lord, to bless.**

Priest: **In the unity of the Holy Spirit, may the Father bless us, and the Son.**  
 R̄. **Amen.**

LESSON 9

The proper lesson from the Book of Readings is sung standing.

*varies*

RESPONSORY 9

☞ *Choir:* To the Most High Trinity, to the incomplex God, be one Divine Essence, an equal glory, a co-eternal majesty, to the Father, the Son, and the Holy Spirit, | He that established the whole round world beneath His laws. | V̄ May the blessed Godhead of the Father and the Son, as also of the life-creating Spirit, impart unto us grace. | He that established...

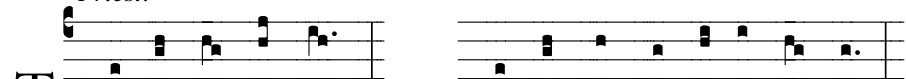
*We stand for the Glory Be:*

✦ Glory be to the Father, and to the Son, and to the Holy Spirit. | He that established...

TE DEUM

*Note:* In Advent and from Septuagesima to Pascha, no Te Deum; skip to p. 80.

*Priest:* *The bells are rung & the Priest censes the church.*



**T** Hee, O God, we praise; *(All:)* Thee we con-fess to be the Lord.



Thee, the Fa-ther e-ter-nal, all the earth doth wor-ship. To Thee all



the An-gels, to Thee the heav-ens and all the Pow-ers, to Thee the



Che-ru-bim and Se-ra-phem, cry a-loud with voice un-ceas-ing: Ho-



ly, Ho-ly, *(bow:)* Ho-ly is the Lord God of Sa-ba-oth. *(rise:)*



Hea-ven and earth are full of the ma-jes-ty of Thy glo-ry. Thee the



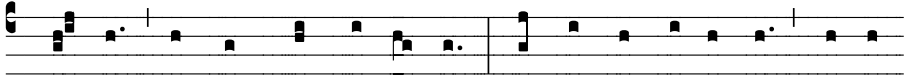
glo-rious choir of A-pos-tles, Thee the throng of Pro-phets wor-thy



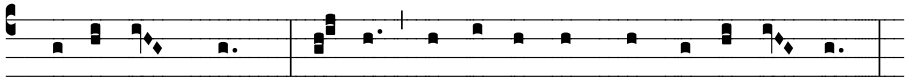
of praise, Thee the host of Mar-tyrs, in robes of white, praise.



Thee, through-out all the earth, the Ho-ly Church con-fes-seth:



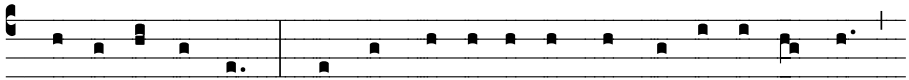
Fa-ther, of bound-less ma-jes-ty; Thy true and on-ly Son, Who is



to be wor-shipped; al- so the Pa-ra-clete, the Ho-ly Spi- rit.



Thou, O Christ, art the King of glo-ry. Thou art the ev-er-last-ing



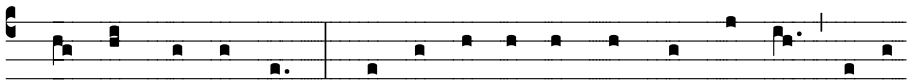
Son of the Fa-ther. Thou, tak-ing it up-on Thee to de-liv-er man,



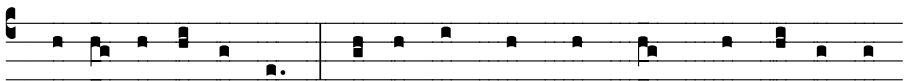
*(bow:)* didst not ab-hor the womb of the Vir-gin. *(rise:)* Thou, hav-ing



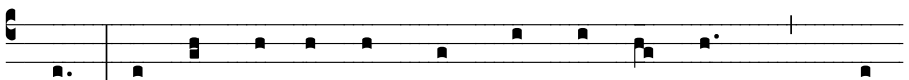
con-quer-ed the sting of death, hast op-en-ed the king-dom of hea-ven



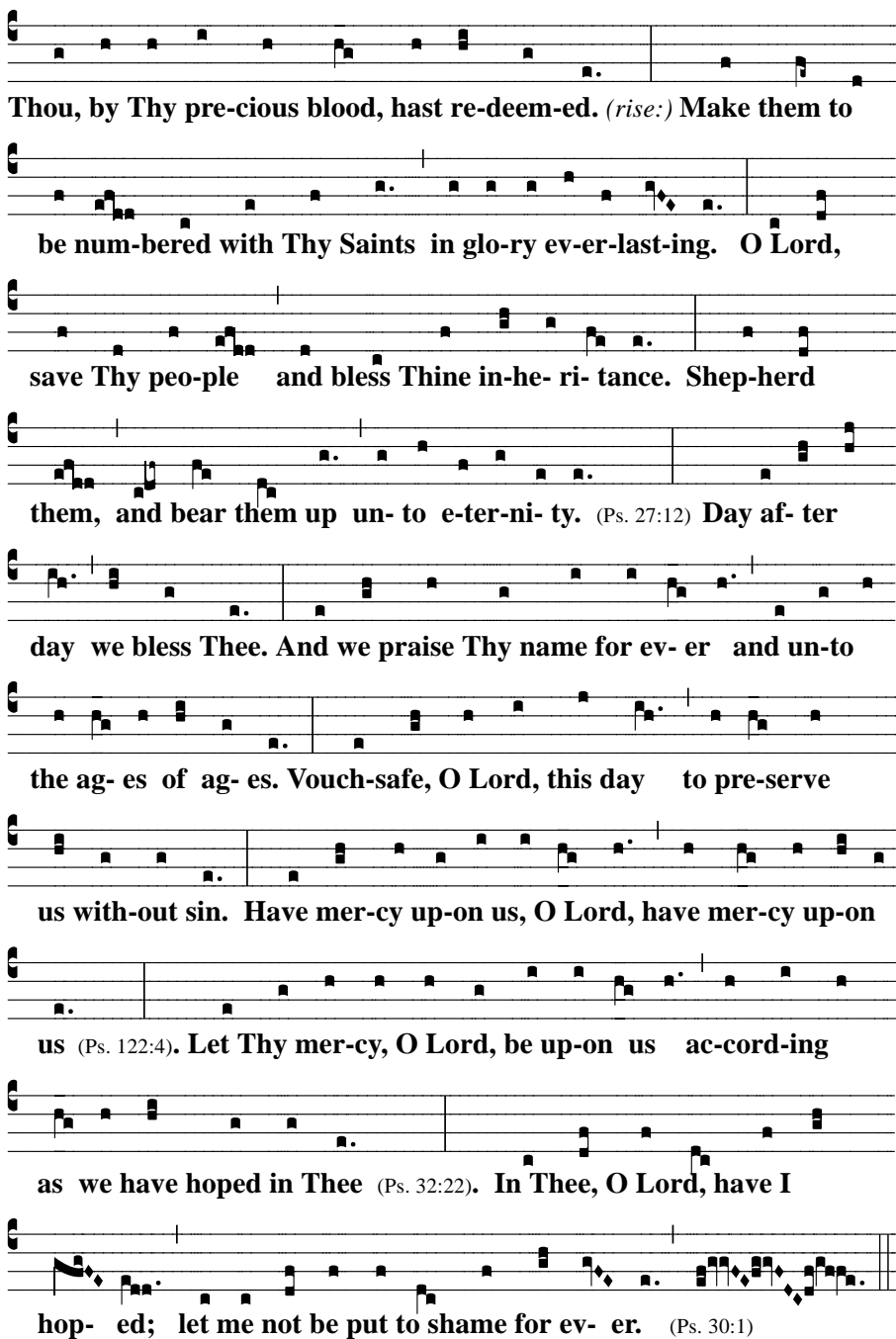
to them that be-lieve. Thou sit-test at the right hand of God in the



glo-ry of the Fa-ther. We be-lieve that Thou shalt come to be our



Judge. We there-fore be-seech Thee: help Thy ser-vants *(bow:)* whom



Thou, by Thy pre-cious blood, hast re-deem-ed. (*rise:*) Make them to  
 be num-bered with Thy Saints in glo-ry ev-er-last-ing. O Lord,  
 save Thy peo-ple and bless Thine in-he-ri-tance. Shep-herd  
 them, and bear them up un- to e-ter-ni-ty. (Ps. 27:12) Day af-ter  
 day we bless Thee. And we praise Thy name for ev-er and un-to  
 the ag-es of ag-es. Vouch-safe, O Lord, this day to pre-serve  
 us with-out sin. Have mer-cy up-on us, O Lord, have mer-cy up-on  
 us (Ps. 122:4). Let Thy mer-cy, O Lord, be up-on us ac-cord-ing  
 as we have hopped in Thee (Ps. 32:22). In Thee, O Lord, have I  
 hop-ed; let me not be put to shame for ev-er. (Ps. 30:1)



## LAUDS



*varies*

*The Priest sings the Versicle:*



**V. High above all the nations is the Lord.**

**R. Above the heavens is His glory.** (Ps. 112:4)

*The Priest sings with a full voice, signing his forehead:*

**V. O God, ✠ be attentive unto helping me.** (Ps. 69:1)

**R. O Lord, make haste to help me. ✠ Glory be to the Father and to the Son, and to the Holy Spirit, as it was in the beginning, and now and always, and unto the ages of ages. Amen. Alleluya.**

(From Septuagesima to Pascha, in lieu of 'alleluya' is sung, 'Praise be to Thee, O Lord, King of eternal glory.')

PSALM 92

**T**he Lord is King, He is clothed with majesty ∷ the Lord is clothed with strength and He hath girt Himself.

For He established the world ∷ which shall not be shaken.

Thy throne is prepared of old ∷ Thou art from everlasting.

The rivers have lifted up, O Lord ∷ the rivers have lifted up their voices.

The rivers will lift up their waves ∷ at the voices of many waters.

Wonderful are the surgings of the sea ∷ wonderful on high is the Lord.

Thy testimonies are made very sure ∷ holiness becometh Thy house, O Lord, unto length of days.

✠ Glory be to the Father and to the Son ∷ and to the Holy Spirit.

As it was in the beginning, and now and always ∷ and unto the ages of ages. Amen.

On Sundays when a new Book of Scripture is begun, an antiphon is sung here.

PSALM 99

**S**hout with jubilation unto God, all the earth ∷ serve the Lord with gladness.

Come before His presence ∷ with rejoicing.

Know ye that the Lord Himself is our God ∷ it is He that hath made us, and not we ourselves.

We are His people and the sheep of His pasture; enter into His gates with thanksgiving ∷ into His courts with hymns; give thanks unto Him.

Praise His name, for the Lord is good; His mercy endureth for ever ∷ and His truth unto generation and generation.

✠ Glory be to the Father and to the Son ∷ and to the Holy Spirit.

**As it was in the beginning, and now and always: and unto the ages of ages. Amen.**

On Sundays when a new Book of Scripture is begun, an antiphon is sung here.

*PSALM 62*

**O** God, my God ∷ unto Thee I rise early at dawn.  
My soul hath thirsted for Thee ∷ how often hath my flesh longed after Thee!

In a land barren and untrodden and unwatered, so in the sanctuary have I appeared before Thee ∷ to see Thy power and Thy glory.  
For Thy mercy is better than lives ∷ my lips shall praise Thee.  
So shall I bless Thee in my life ∷ and in Thy name will I lift up my hands.

As with marrow and fatness let my soul be filled ∷ and with lips of rejoicing shall my mouth praise Thee.

If I remembered Thee on my bed, at the dawn I meditated on Thee ∷ for Thou art become my helper.

In the shelter of Thy wings will I rejoice; my soul hath cleaved after Thee ∷ Thy right hand hath been quick to help me.

But as for these, in vain have they sought after my soul; they shall go into the nethermost parts of the earth ∷ they shall be surrendered unto the edge of the sword; portions for foxes shall they be.

But the king shall be glad in God; everyone shall be praised that sweareth by Him ∷ for the mouth of them is stopped that speak unjust things.

*PSALM 66*

**G**od be gracious unto us and bless us ∷ and cause His face to shine upon us, and have mercy on us,

That we may know upon the earth Thy way ∷ among all the nations Thy salvation.

Let the peoples give Thee praise, O God ∷ let all the peoples praise Thee.

Let the nations be glad and rejoice, for Thou shalt judge peoples with uprightness ∷ and nations shalt Thou guide upon the earth.

Let the peoples give Thee praise, O God, let all the peoples praise Thee ∷ the earth hath yielded her fruit.

Let God, our God, bless us; let God bless us ∷ and let all the ends of the earth fear Him.

✠ **Glory be to the Father and to the Son ∷ and to the Holy Spirit.**

**As it was in the beginning, and now and always: and unto the ages of ages. Amen.**

On Sundays when a new Book of Scripture is begun, an antiphon is sung here.



*CANTICLE OF THE THREE YOUTHS*

Called the Benedicite — Daniel 3:57-88

**B**less the Lord, all ye works of the Lord ∷ O praise ye Him and supremely exalt Him unto the ages.

Bless the Lord, ye Angels of the Lord ∷ ye heavens, bless the Lord.

Bless the Lord, all ye waters that are above the heavens ∷ bless the Lord, all ye powers of the Lord.

Bless the Lord, O sun and moon ∷ bless the Lord, ye stars of heaven.

Bless the Lord, ye rain and dew ∷ bless the Lord, every wind of God.

Bless the Lord, fire and heat of burning ∷ bless the Lord, winter cold and summer heat.

Bless the Lord, O falls of dew and frost ∷ bless the Lord, O ice and cold.

Bless the Lord, O hoar-frosts and snows ∷ bless the Lord, O nights and days.

Bless the Lord, O light and darkness ∷ bless the Lord, O lightnings and clouds.

Let the earth bless the Lord ∷ let her praise Him and supremely exalt Him unto the ages.

Bless the Lord, O mountains and hills ∷ bless the Lord, all things that spring up upon the earth.

Bless the Lord, O fountains ∷ bless the Lord, O seas and rivers.

Bless the Lord, O monsters of the sea, and all things that move in the waters ∷ bless the Lord, all ye winged creatures of the sky.

Bless the Lord, all ye beasts and cattle ∷ bless the Lord, ye sons of men.

Let Israël bless the Lord ∷ let him praise Him and supremely exalt Him unto the ages.

Bless the Lord, ye priests of the Lord ∷ bless the Lord, ye servants of the Lord.

Bless the Lord, ye spirits and ye souls of the righteous ∷ bless the Lord, ye Saints, and ye that be humble of heart.

Bless the Lord, O Ananias, Azarias, and Misaël ∷ O praise ye Him and supremely exalt Him unto the ages.

*At the doxology, just as for the Glory Be, turn east, cross yourself, & bow:*

✠ Let us bless the Father and the Son with the Holy Spirit ∷ let us praise Him and supremely exalt Him unto the ages.

Blessed art Thou, O Lord, in the firmament of heaven ∷ and worthy of praise, and glorious, and supremely exalted unto the ages.

On Sundays when a new Book of Scripture is begun, an antiphon is sung here.

*The Psalms of Praise**PSALM 148*

**P**raise the Lord from the heavens ∷ praise Him in the highest.  
 Praise Him, all ye His Angels ∷ praise Him, all ye His hosts.  
 Praise Him, O sun and moon ∷ praise Him, all ye stars and light.  
 Praise Him, ye heavens of heavens ∷ and thou water that art above the  
 heavens; let them praise the name of the Lord.  
 For He spake, and they came to be ∷ He commanded, and they were  
 created.  
 He established them for ever, yea, for ever and ever ∷ He hath set an  
 ordinance, and it shall not pass away.  
 Praise the Lord from the earth ∷ ye dragons, and all ye abysses.  
 Fire, hail, snow, ice, blast of tempest ∷ which perform His word,  
 The mountains and all the hills ∷ fruitful trees, and all cedars,  
 The beasts and all the cattle ∷ creeping things and winged birds,  
 Kings of the earth and all peoples ∷ princes and all the judges of the  
 earth,  
 Young men and virgins, elders with the younger; let them praise the  
 name of the Lord ∷ for exalted is the name of Him alone.  
 His praise is above the earth and heaven ∷ and He shall exalt the horn  
 of His people.  
 This is the hymn for all His saints ∷ for the sons of Israël and for the  
 people that draw nigh unto Him.

*PSALM 149*

**S**ing unto the Lord a new song ∷ His praise is in the church of the saints.  
 Let Israël be glad in Him that made him ∷ let the sons of Sion rejoice  
 in their King.  
 Let them praise His name in the dance ∷ with the timbrel and the  
 psaltery let them chant unto Him.  
 For the Lord taketh pleasure in His people ∷ and He shall exalt the  
 meek with salvation.  
 The saints shall boast in glory ∷ and they shall rejoice upon their beds.  
 The high praise of God shall be in their throat ∷ and two-edged swords  
 shall be in their hands:  
 To do vengeance among the heathen ∷ punishments among the peoples:  
 To bind their kings with fetters ∷ and their nobles with manacles of  
 iron:  
 To do among them the judgment that is written ∷ this glory shall be to  
 all His saints.

## PSALM 150

**P**raise ye God in His saints ∴ praise Him in the firmament of His power.  
**P**raise Him for His mighty acts ∴ praise Him according to the  
 multitude of His greatness.

**P**raise Him with the sound of trumpet ∴ praise Him with the psaltery  
 and harp.

**P**raise Him with timbrel and dance ∴ praise Him with strings and flute.  
**P**raise Him with tuneful cymbals, praise Him with cymbals of  
 jubilation ∴ let every breath praise the Lord.

✠ **G**lory be to the Father, and to the Son ∴ and to the Holy Spirit.  
 As it was in the beginning, and now and always ∴ and unto the ages of  
 ages. Amen.

varies

## ANTIPHON

↪ *Choir:* The Lord is king, girded with strength, with the majesty of the Virtues,  
 Whose throne is for ever. (cf. Ps. 92:1)

varies

## CHAPTER

↪ *Priest:* Benediction, and glory, and wisdom, and thanksgiving, honour, and power,  
 and strength to our God for ever and ever, amen. (Apoc., i.e., Rev., 7:12)

∴ **T**hanks be to God.

varies

## HYMN OF ST. GREGORY THE GREAT

↪ *Choir 1:*

**B**ehold, the shadow of nightfall abateth,  
**T**he dawn of daylight, scintillating, shineth;  
**W**ith every striving, let us all send our prayers  
**T**o the Almighty. *Choir 2:*

**T**hat God our Father may in His compassion  
**D**rive all sloth from us, and grant us salvation,  
**A**nd bestow on us the kingdom of heaven  
**B**y His sweet mercy. *Both:*

✠ **T**he joy-creating Deity grant us this—  
**T**he Son, the Father, and in equal manner,  
**T**he Holy Spirit—He Whose glory through all  
**T**he earth resoundeth. Amen. *Server:*

varies

↪ ∴ **T**he Lord is king. (*we say softly:*)  
 ∴ **H**e is clothed with majesty, alleluia. (Ps. 92:1)

## CENSING

*Server:* Benedicite. *Priest:* Dóminus. May it be blessed by Him in Whose honour it shall  
 be burnt. In the name of the Father and Son and Holy Spirit. Amen. (& *he censes*)

## CANTICLE OF ZACHARIAS

Called the Benedictus — Luke 1:68-79

**B**lessed be the Lord God of Israel ∴ for He hath visited and wrought redemption for His people.

And hath raised up a horn of salvation for us ∴ in the house of His servant David.

As He spake by the mouth of His holy ones ∴ the prophets of old.

That we should be saved from our enemies ∴ and from the hand of all that hate us.

To deal mercifully with our fathers ∴ and to remember His holy covenant.

The oath which He sware to our father Abraham ∴ that He would grant unto us,

That we be delivered out of the hand of our enemies ∴ that we might serve Him without fear,

In holiness and righteousness before Him ∴ all the days of our life.

And thou, O child, shalt be called the prophet of the Most High ∴ for thou shalt go before the face of the Lord, to prepare His ways.

To give knowledge of salvation unto His people ∴ by the remission of their sins.

Through the bowels of mercy of our God ∴ whereby the Dayspring from on high hath visited us.

To give light to them that sit in darkness and in the shadow of death ∴ to guide our feet into the way of peace.

*On very great Feasts, the antiphon is repeated here.*

✠ **Glory be to the Father and to the Son ∴ and to the Holy Spirit.**

**As it was in the beginning, and now and always ∴ and unto the ages of ages. Amen.**

*varies*

## ANTIPHON OF THE DAY



*Choir:* In holiness let us serve the Lord, and He will deliver us from our enemies.

## KYRIELEYSON

(that is, Lord, have mercy; Christ, have mercy; Lord, have mercy.)

*Choir 1:* **Kyrieléyson.**

*Choir 2:* **Xristeléyson.**

*Choir 2:* **Kyrieléyson.**

*Choir 1:* **Kyrieléyson.**

*Choir 1:* **Kyrieléyson.**

*Choir 2:* **Kyrieléyson.**

*Choir 2:* **Xristeléyson.**

*Both:* **Kyrieléyson.**

*Choir 1:* **Xristeléyson.**

*The Priest says, singing aloud:*

**O**ur Father, Who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts as we forgive our debtors. And lead us not into temptation, (*all:*)

℟: **But deliver us from evil.** *Priest:*

℣ **The Lord be with you.** ℟ **And with thy spirit.** *Priest: Let us pray.*

*varies* *Priest:*

*COLLECT OF THE DAY, OR:*



**O** Lord, look graciously upon the morning prayers of Thy humble servants, and illumine the hidden things of our heart by the healing of Thy compassion, that dark desires may not take hold of those whom the light of Thy heavenly grace hath fashioned anew. ✠ Through our Lord Jesus Christ Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Spirit, God through all the ages of ages.

℟: **Amen.**

*Priest:* ℣ **The Lord be with you.** ℟ **And with thy spirit.**

*Server:* ℣ **Let us bless the Lord.** ℟ **Thanks be to God.**

*BISHOP'S BLESSING*

*Deacon:* **O Prince of the Church, shepherd to the sheep, may it please thee to bless the people entrusted to thy care. (*to the people:*) With meekness and with charity, bow down yourselves for a blessing.** ℟ **Thanks be to God.** *The Bishop sings the proper blessings over the people; each time we answer: ℟: Amen.*

*COMMEMORATION OF THE HOLY TRINITY*

*Choir:* Deliver us and save us and make us righteous, O Blessèd Trinity!

℣ **Blessed be the name of the Lord.**

℟ **From henceforth and for evermore.** (Ps. 112:2) *Priest:*

**L**et us pray. O almighty, everlasting God, Who hast given us Thy servants grace by confessing the true Faith, to acknowledge the glory of the eternal Trinity, and in the might of Thy majesty to worship the Unity: we beseech Thee that by our steadfastness in this Faith we may be defended for ever from all adversities. ✠ In which Trinity Thou livest and reignest, one God through all the ages of ages. ℟ **Amen.**

*COMMEMORATION OF OUR LADY*

*Choir:* Blessed Mother and unwedded Virgin, glorious Queen of the world, intercede in our behalf unto the Lord.

℣ **After childbirth, O Virgin, thou didst remain inviolate.**

℟ **O Theotókos, intercede in our behalf.** *Priest:*

**L**et us pray. Forgive, we beseech Thee, O Lord, the transgressions of Thy servants, that we who do not succeed in pleasing Thee by our actions may be saved at the intercession of her that conceived Thy Son, our Lord God. ✠ Who with Thee and the Holy Spirit liveth and reigneth, God through all the ages of ages. ℟ **Amen.**

*SAINT OF THE DAY — As Appointed*

**varies** ⇨ *The Saint's antiphon, versicle, & collect are sung; or:*

*Choir:* With a palm the Saints are come to the kingdom; they are found worthy of crowns of beauty from the hand of the Lord.

**℣. Wondrous is God in His Saints, the God of Israël.**

**℟. He will give power and strength unto His people.** (Ps. 67:38)

**L**et us pray. Grant, we beseech Thee, O almighty God, that we who celebrate the natality of blessed N. (and N.) Thy (martyr(s) or confessor(s), may at (his) intercession be strengthened in the love of Thy name. ✠ Through our Lord Jesus Christ Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Spirit, God through all the ages of ages. **℟. Amen.**

*COMMEMORATION OF ALL SAINTS*

*Choir:* The Saints shall boast in glory, and they shall rejoice upon their beds. (Ps. 149:6)

**℣. Wondrous is God in His Saints.** (Ps. 67:38) **℟. And glorious in His majesty.**

**L**et us pray. Being pleased by the intercession of all Thy Saints, especially our most pure Lady, the Mother of God and Ever-Virgin Mary, the holy and chosen Archangels Michael, Raphael, and Gabriel, Thy holy Baptist and Forerunner John, and Saints N. and N., we beseech Thee, O Lord, both to grant us forgiveness of sins and to bestow on us Thine eternal healings. ✠ Through our Lord Jesus Christ Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Spirit, God through all the ages of ages. **℟. Amen.**

*COMM. OF ST. JOHN OF SAN FRANCISCO*

*Choir:* Not clothed in soft garments, nor dwelling in the houses of princes, as an unshakeable warrior of Christ he watched steadfastly in prayer, having boldness before the Lord; and his prayer rose up before God as the odour of incense, redolent with purity.

**℣. Pray for us, blessed John.**

**℟. That we may be made worthy of the promises of Christ.** *Priest:*

**L**et us pray. O almighty and merciful God, inspirer of every good deed and lover of holiness, grant unto us Thy servants, who keep with piety the holy memory of Thy blessed confessor and hierarch John, that by the prayers of him whose righteous life we reverence, we may be united to the company of the heavenly citizens. ✠ Through our Lord Jesus Christ Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Spirit, God through all the ages of ages. **℟. Amen.**

*DISMISSAL*

*Priest:* **℣. The Lord be with you.** **℟. And with thy spirit.**

*Server:* **℣. Let us bless the Lord.** **℟. Thanks be to God.**

*BISHOP'S BLESSING*

**℣. Our help is in the name of the Lord.** **℟. Who hath made heaven & the earth.** **℣. Blessed be the name of the Lord.** **℟. From henceforth and for evermore.** **℣. The Lord be with you.** **℟. And with thy spirit.**

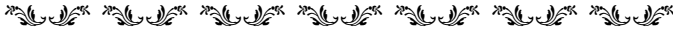
*Bishop:* Let us pray. May the blessing of God, the Father and the Son and the Holy Spirit, come down upon you and remain for ever. **℟. Amen.**

*Priest, softly:* ✠ In the name... Our Father... Rejoice, Mary... (p. 1)

*The Prayers for Peace are done (p. 32).*

The three Lesser Matins (of Our Lady, the Dead, and All Saints) are sung here.

## THIRD HOUR



*The bell is rung, then the Priest says, softly:*

✠ In the name... Our Father... Rejoice, Mary... (p. 1)

*The Priest sings with a full voice, signing his forehead:*

∇. **O God, ✠ be attentive unto helping me.** (Ps. 69:1)

℞. **O Lord, make haste to help me. ✠ Glory be to the Father and to the Son, and to the Holy Spirit, as it was in the beginning, and now and always, and unto the ages of ages. Amen. Alleluya.**

(From Septuagesima to Pascha, in lieu of 'alleluya' is sung, 'Praise be to Thee, O Lord, King of eternal glory.')

*Choir 1:*

*HYMN OF ST. AMBROSE*

**N**ow, Holy Spirit, condescend  
(One with the Father and the  
Son)

**To come to us without delay,  
And be diffused within our breast.**

*Choir 2:*

**May mouth and tongue, soul,  
thought, and strength  
Make thanksgiving to Thee  
resound,**

**Our love be kindled by Thy fire,  
And light our neighbours with  
its flame. Both choirs:**

✠ **Most loving Father, grant us  
this,  
And His co-equal, only Son,  
With the Spirit, the Paraclete,  
Reigning for ever and ever.  
Amen.**

*PSALM 118c*

**S**et before me for a law, O Lord, the way of Thy statutes ∷ and I will  
seek after it continually.

**Give me understanding, and I will search out Thy law ∷ and I will keep  
it with my whole heart.**

**Guide me in the path of Thy commandments ∷ for I have desired it.**

**Incline my heart unto Thy testimonies ∷ and not unto covetousness.**

**Turn away mine eyes that I may not see vanity ∷ quicken Thou me  
in Thy way.**

<sup>1</sup> In parishes, one of the people usually leads the Third Hour from the Hymn onwards, but the Priest takes the Chapter and the Our Father and Collect to the end.