



**ORTHODOX
PRAYERS
OF OLD ENGLAND**

**A Western Rite
Prayer-Book
for Orthodox Christians**



Third Edition

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LITTLE OFFICE OF THE GUARDIAN ANGEL



Note: From Septuagesima to Pascha, instead of 'alleluya,' we say, 'Praise be to Thee, O Lord, King of eternal glory.' From Pascha to Trinity, we add "alleluya" to the end of every antiphon, versicle and response, and responsory.

Little Vespers of the Guardian Angel

With your three fingers joined, cross yourself on the forehead with your thumb:

℣. O God, O be attentive unto helping me.

℞. O Lord, make haste to help me. (Ps. 69:1)

Making the sign of the Cross as usual, say:

O Glory be to the Father and to the Son, and to the Holy Spirit, as it was in the beginning, and now and always, and unto the ages of ages. Amen. Alleluya.

(From Septuagesima to Pascha, in lieu of 'alleluya' is sung, 'Praise be to Thee, O Lord, King of eternal glory.')

PSALM 137

**I will confess Thee, O Lord, with my whole heart and before angels
I will I chant unto Thee.**

**For Thou hast heard all the words of my mouth and I will worship
towards Thy holy temple and confess Thy name.**

**For Thy mercy and for Thy truth for Thou hast magnified Thy holy
name above all that is.**

**In whatsoever day I call upon Thee, quickly hearken unto me and Thou
shalt abundantly endow my soul with Thy strength.**

**Let all the kings of the earth, O Lord, confess Thee for they have
heard all the words of Thy mouth.**

**And let them sing in the ways of the Lord for great is the glory of the
Lord.**

**For the Lord is exalted, yet on lowly things He looketh and things
haughty He knoweth from afar.**

**Though I should walk in the midst of affliction, Thou shalt quicken
me against the wrath of mine enemies hast thou stretched forth
Thy hands, and Thy right hand hath saved me.**

**The Lord shall give recompense in my behalf; O Lord, Thy mercy
endureth for ever and disdain not the work of Thy hands.**

O Glory be to the Father and to the Son and to the Holy Spirit.

As it was in the beginning, and now and always √ and unto the ages of ages. Amen.

antiphon: Before Angels will I chant unto Thee, O God, for he who praiseth Thee is he who defendeth me.

Chapter: There was a great battle in heaven. Michael and his Angels fought with the dragon, and the dragon fought, and his angels, and they prevailed not, neither was their place found any more in heaven.

(Apoc. 12:7-8). ℞. Thanks be to God.

HYMN

Come and rejoice, O little one,
Beholding Satan's battle-host,
Thy guardian seeth the Father's
face, (Mt. 18:10)
So that thou mayest not be lost.

His undivided intellect
Persisteth in praises of God,
He is mighty in his own powers,
Unspotted in his innocence.

Bright-shining, strong, and swift
is he,
Free from all sin, preserved from
sin—
Entirely pleasing unto God,
He firmly stablisheth my life.

He loveth our God's fiery
warmth,
Is joyful in high righteousness,
A hierarch at His gold altar,
A herald of His good pleasure.

The spirit cleaving unto God
And God's virtue unconquerable
Is he who is my glorious guide
And terrifieth the demons.

○ Let benediction be to God,
Whose profound, compassionate
love
Hath caused His necessary grace
To be with me and be near me.
Amen.

℣. O Angel, from a carnal (wo)man.

℞. Make of me a spiritual (wo)man.

MAGNIFICAT

My soul doth magnify the Lord √ and my spirit hath rejoiced
in God my Saviour.

For He hath looked upon the lowliness of His handmaiden √ for
behold, from henceforth all generations shall call me blessed.

For the Mighty One hath done great things to me √ and holy is His
name.

And His mercy is on them that fear Him √ unto generation and
generation.

He hath showed strength with His arm √ He hath scattered the proud
in the imagination of their heart.

He hath put down the mighty from their seat ⁊ and exalted them of low degree.

He hath filled the hungry with good things ⁊ and the rich He hath sent empty away.

He hath holpen His servant Israël ⁊ in remembrance of His mercy, As He spake to our fathers ⁊ to Abraham and his seed for ever.

○ Glory be to the Father and to the Son ⁊ and to the Holy Spirit. As it was in the beginning, and now and always ⁊ and unto the ages of ages. Amen. (Lk. 1:46-55)

antiphon: **Among those on the earth, there is none nobler than thee, thou Ananias—thou son of the Mighty. Yet thou art made a sinner's helper, and none is more contemptible than (he)!**

Kyrieléyson (3x). Xristeléyson (3x). Kyrieléyson (3x). Our Father...

Let us pray. *Collect:* **Almighty, eternal God, Who hast appointed Thy holy Angel to be a guardian of my weakness in the midst of Satan's snares: grant me, I beseech Thee, to make such progress under his guardianship, that led by him I may be worthy to draw near Thee. ○ Through our Lord Jesus Christ Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Spirit, God through all the ages of ages. Amen.**

Little Compline of the Angel Guardian

Make the sign of the Cross over your chest, saying:

℣. Turn us back, O God of our salvation.

℟. And turn away Thine anger from us. (Ps. 84:4)

Then sign your forehead, saying:

℣. O God, O be attentive unto helping me. (Ps. 69:1)

℟. O Lord, make haste to help me.

Then make the sign of the Cross as usual, saying:

○ Glory be to the Father and to the Son, and to the Holy Spirit, as it was in the beginning, and now and always, and unto the ages of ages. Amen. Alleluya.

(From Septuagesima to Pascha, in lieu of 'alleluya' is sung, 'Praise be to Thee, O Lord, King of eternal glory.')

PSALM 90

He that dwelleth in the help of the Most High ⁊ shall abide in the shelter of the God of heaven.

He shall say unto the Lord: Thou art my helper and my refuge ∴
 He is my God, and I will hope in Him.
 For He shall deliver thee from the snare of the hunters ∴ and from
 every troubling word.
 With His shoulders will He overshadow thee ∴ and under His wings
 shalt thou have hope.
 With a shield will His truth encompass thee ∴ thou shalt not be afraid
 for the terror by night.
 Nor for the arrow that flieth by day, nor for the thing that walketh in
 darkness ∴ nor for the mishap and demon of noonday.
 A thousand shall fall at thy side, and ten thousand at Thy right hand ∴
 but unto thee shall it not come nigh.
 Only with thine eyes shalt thou behold ∴ and thou shalt see the reward
 of sinners.
 For Thou, O Lord, art my hope ∴ thou madest the Most High thy
 refuge.
 No evils shall come nigh thee ∴ and no scourge shall draw nigh unto
 thy dwelling.
 For He shall give His Angels charge over thee ∴ to keep thee in all thy
 ways.
 On their hands shall they bear thee up ∴ lest at any time thou dash thy
 foot against a stone.
 Upon the asp and basilisk shalt thou tread ∴ and thou shalt trample
 upon the lion and dragon.
 For he hath set his hope on Me, and I will deliver him ∴ I will shelter
 him because he hath known My name.
 He shall cry unto Me, and I will hearken unto him; I am with him in
 affliction ∴ and I will rescue him and glorify him.
 With length of days will I satisfy him ∴ and I will show him My
 salvation.
 O Glory be to the Father and to the Son ∴ and to the Holy Spirit.
 As it was in the beginning, and now and always ∴ and unto the ages of
 ages. Amen.

antiphon: Though I am ungrateful, thou dost protect me on all my paths,
 according to the merciful commandment of the Lord regarding me.

HYMN

In the midst of the darkness,
 O my light, let me be mindful
 of thy light
 And the working of thy radiance,
 By a sunbeam of thy light.

Let there be no suggestion of the
 demon,
 Nor his onslaught on mankind,
 Nor any suddenness of death,
 Nor disturbance of quietude.

**O O Master, glory be to Thee,
Who with a rampart guardest me
Against all peril and danger
Throughout this age's moonless night. Amen.**

Chapter: All they are ministering spirits, sent to minister for them that shall receive the inheritance of salvation. (Heb. 1:14) **℟̄. Thanks be to God.**

**℣. Defend me, O power everlasting.
℟̄. Under thine angelic pinions.**

NUNC DIMITTIS

Now lettest Thou Thy servant depart **∴** in peace, O Master,
according to Thy word.
For mine eyes have seen **∴** Thy salvation.
Which Thou hast prepared **∴** before the face of all peoples.
A light of revelation for the nations **∴** and the glory of Thy people
Israël. (Lk 2:29-32)

O Glory be to the Father and to the Son **∴ and to the Holy Spirit.
As it was in the beginning, and now and always **∴** and unto the ages of
ages. Amen.**

antiphon: **O my Guardian, who sleepest not, may I, sleeping beneath thee
my defender, be not afraid for the terror by night. (Ps. 90:5)**

Kyrieléyson (3x). Xristeléyson (3x). Kyrieléyson (3x). Our Father...

Let us pray. *Collect:* My prayer offered up to Thee, O Lord, mayest
Thou mercifully accept through Thy holy Angel my Guardian, and
by his painstaking remembrance grant that it may serve for my
salvation. **O Through our Lord Jesus Christ Thy Son, Who liveth and
reigneth with Thee in the unity of the Holy Spirit, God through all the
ages of ages. Amen.**

Little Matins
of the Angel Guardian

Make the sign of the Cross on your lips, saying:

**℣. O Lord, O Thou shalt open my lips.
℟̄. And my mouth shall declare Thy praise. (Ps. 50:16)**

Then sign your forehead, saying:

**℣. O God, O be attentive unto helping me. (Ps. 69:1)
℟̄. O Lord, make haste to help me.**

Then make the sign of the Cross as usual, saying:

O Glory be to the Father and to the Son, and to the Holy Spirit, as it was in the beginning, and now and always, and unto the ages of ages. Amen. Alleluya.

(From Septuagesima to Pascha, in lieu of 'alleluya' is sung, 'Praise be to Thee, O Lord, King of eternal glory.')

All do the Invitatorium: **Thou art present, O Angel, and helpst me with vigilance as I chant the psalms. | Bar the way to him that destroyeth the harmony of my soul.**

PSALM 94

Leader: **Come, let us rejoice in the Lord, let us shout with jubilation unto God our Saviour: let us come before His countenance with thanksgiving, and with psalms let us shout in jubilation unto Him.**

All: **Thou art present, O Angel, and helpst me with vigilance as I chant the psalms. | Bar the way to him that destroyeth the harmony of my soul.**

Leader: **For the Lord is a great God and a great King over all the earth. For the Lord will not cast off His people: for in His hand are all the ends of the earth, and the heights of the mountains are His.**

All: **Bar the way to him that destroyeth the harmony of my soul.**

Leader: **For the sea is His, and He made it, and the dry land His hands have fashioned. O come, let us worship and fall down before Him, and let us weep before the Lord Who made us. For He is our God, and we are the people of His pasture and the sheep of His hand.**

All: **Thou art present, O Angel, and helpst me with vigilance as I chant the psalms. | Bar the way to him that destroyeth the harmony of my soul.**

Leader: **Today if ye will hear His voice, harden not your hearts, as in the provocation, in the day of temptation in the wilderness. For your fathers tempted Me; they proved Me and saw My works.**

All: **Bar the way to him that destroyeth the harmony of my soul.**

Leader: **Forty years long was I grieved with that generation, and I said: They do always err in their hearts. And they have not known My ways, so I swore in Mine anger: They shall not enter into My rest.**

All: **Thou art present, O Angel, and helpst me with vigilance as I chant the psalms. | Bar the way to him that destroyeth the harmony of my soul.**

Leader: **Glory O be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, and now and always, and unto the ages of ages. Amen.**

All: Bar the way to him that destroyeth the harmony of my soul. | Thou art present, O Angel, and helpst me with vigilance as I chant the psalms.
| Bar the way to him that destroyeth the harmony of my soul.

HYMN

Praise to thee, with joyfulness,
My guard and selfless
servitor,
For I cannot describe aright
How greatly thou hast holpen
me.

Lest I should stray in sophistries,
Should be seduced by flatteries,
Or should be crushed by
violence,
Thou drivest evil far from me.

Thou dost assist me lest I fall,
And if I fall, to rise again,
Thou helpst me forswear the
things
The enemy bringeth to mind.

Because of thee I have no fear
Of trial and terror of the night,
Nor for the arrow, nor mishap,*
Nor onslaught, of demonic foes.

If in the midst of danger thou
Inspirest me, thy child, to
prayers,
Thou, in thy censer, offerest
them**
Before the presence of our God.

O O Master, glory be to Thee,
Who with a rampart guardest me
Against all peril and danger
Throughout this age's moonless
night. Amen.

* cf. Ps. 90:5 ** cf. Apoc. 8:3

PSALM 8

O Lord, our Lord, how wonderful is Thy name in all the earth.
For Thy magnificence is lifted high above the heavens.
Out of the mouths of babes and sucklings hast Thou perfected praise,
because of Thine enemies to destroy the enemy and avenger.
For I will behold the heavens, the works of Thy fingers the moon
and the stars, which Thou hast founded.
What is man, that Thou art mindful of him or the son of man, that
Thou visitest him?
Thou hast made him a little lower than the angels; with glory and
honour hast Thou crowned him and Thou hast set him over the
works of Thy hands.
All things hast Thou subjected under his feet, sheep and all oxen yea,
and the beasts of the field,
The birds of the air, and the fish of the sea the things that pass
through the paths of the sea.
O Lord, our Lord, how wonderful is Thy name in all the earth!
O Glory be to the Father and to the Son and to the Holy Spirit.
As it was in the beginning, and now and always and unto the ages of

ages. Amen.

antiphon: O Angel, thou dost not despise a (wo)man who is lesser than thee, leading me unto the glory and honour which belong to thee.

∿ O light who guidest me.

℟. The countenance of Him Who is light shineth upon thee.

Our Father... (*softly, until:*)

∿ And lead us not into temptation

℟. But deliver us from evil.

Grant, O Lord, to bless. Heavenly warrior, receive the praises of me, an exile. Amen.

Lesson 1: O chieftain, glorious amidst the mighty chieftains of the heavenly kingdom, O humble guardian and protector of me thy servant, my desire is to praise thee, reverence thee, remember thy benefactions; my resolve is to pay thee the thanksgivings which I owe thee. For although thou art excelling by nature, radiant by grace, blessed in glory, and unshakeable in peace, persisting in the praises of God as thy purpose, an unconquerable warrior of the Lord of hosts, mighty in strength to do His word, and art become, by fervent love, a flaming fire, and beyond compare more great than I am able to describe, yet thou dost not despise me, who am clay and a (wo)man subject to death, who assuredly am lesser than thee by nature, a sinner reduced to nothing. Nay, from my nativity in the womb thou hast mercifully agreed to take pains over my weakness, and thou dost preserve me with protection vigilant and trusty. But Thou, O Lord, be merciful unto us.

Responsory 1: Teach my heart to love thee, for thou hast made me mindful | To repay thy charity with thanks. || ∿ Grant me to bring forth worthy praises, and to avail myself of thy promptings. | To repay thy charity with thanks.

Grant, O Lord, to bless. May the diligence of mine Angel make safe my death and life. Amen.

Lesson 2: Because mine unseen adversaries strive as far as they can to captivate my reasoning power by sophistries, lure my will by enticements, and oppress my powers through acts of violence, thou dost guide me aright, and teach me wisdom to counter their false sophistries, and exhort and stir me to what is good, against their enticements, and dost defend me from being oppressed, to counter their violent acts. Thou helpst me to advance in the good which cometh from grace, thou dost

aid me so that I may not fall into the evil of sin; if I fall, no matter how often or into what grievous thing I fall, as often, or into what thing soever the enemies invite me, even then thou dost not at any time forsake me, even whilst I sin. Nay, thou art rather ready to help me, if only I will have it. So often as I may engage in prayers, at thine urging, thou dost present them before the Lord. In diverse ways thou strugglest to move me to what is good and remove me from what is evil, even when the dullness of my spirit doth not perceive it. But Thou, O Lord, be merciful unto us.

Responsory 2: O Finger and Spirit of God, Who with purity didst fashion the world, | Thou dost from heaven invite us to pure thoughts. | |
 ✠ From impurities cleanse me wholly, that my death may not be tainted by this world. | Thou dost from heaven invite us to pure thoughts.

Grant, O Lord, to bless. O my Angel Guardian, take my old ways from me. Amen.

Lesson 3: But I confess, O blessed spirit, that I have been very ungrateful, stiff-necked, and negligent over myself. I have not shown thee reverence for being present with me, nor loyalty for dealing mercifully with me. In thy presence I have dared to do things which I did not dare do before the sight of man. I have counted thine admonitions to be of little worth, and have submitted to the suggestions of Satan. I beg thee, therefore, O most kind Guardian, my comfort, confidence, and hope, not to abandon me who am so stubborn, and not to accuse me, but to intercede for me with the Lord, that by His grace and by thy help I may weep for what I have permitted myself, and may permit it never again. In the hour of my death be a comfort to me; wage war in my behalf against those who, shouting, ready themselves as for supper. Rescue my soul from the hands of those that seek for it. Bear it in thy hands up to Paradise. Mayest thou, rejoicing, find thy watchful care extending to a joyful end. Amen. But Thou, O Lord, be merciful unto us.

Responsory 3: In the terrifying hour of my death, be thou unto me a tower of strength. | And impart to me thy consolation's soothing balm. | |
 ✠ Due to thee, may the prince of darkness be turned back, and mayst thou bring me into a place of light. | And impart to me thy consolation's soothing balm. | ✠ Glory be to the Father and to the Son and to the Holy Spirit. | And impart to me thy consolation's soothing balm.

Lauds

✠ O God, be attentive unto helping me.

✠ O Lord, make haste to help me. (Ps. 69:1)

O Glory be to the Father and to the Son, and to the Holy Spirit, as it was in the beginning, and now and always, and unto the ages of ages. Amen. Alleluya.

(From Septuagesima to Pascha, in lieu of 'alleluya' is sung, 'Praise be to Thee, O Lord, King of eternal glory.')

PSALM 92

The Lord is King, He is clothed with majesty ∴ the Lord is clothed with strength and He hath girt Himself.

For He established the world ∴ which shall not be shaken.

Thy throne is prepared of old ∴ Thou art from everlasting.

The rivers have lifted up, O Lord ∴ the rivers have lifted up their voices.

The rivers will lift up their waves ∴ at the voices of many waters.

Wonderful are the surgings of the sea ∴ wonderful on high is the Lord.

Thy testimonies are made very sure ∴ holiness becometh Thy house, O Lord, unto length of days.

O Glory be to the Father and to the Son ∴ and to the Holy Spirit.

As it was in the beginning, and now and always ∴ and unto the ages of ages. Amen.

antiphon: **Thou dost shout in jubilation, praising the Trinity Who created thee; and thine adopted son praiseth thee as a morning star.**

Chapter: **There was a great battle in heaven. Michael and his Angels fought with the dragon, and the dragon fought, and his angels, and they prevailed not, neither was their place found any more in heaven.**

(Apoc. 12:7-8) **R̄. Thanks be to God.**

HYMN

O star in thyself radiant,
Effulgent in thine own
essence,
Thou shinest with the light of
grace,
Exalted in nobility.

With thee is mid-day at all times,
The solstice that doth not
decline,
And praise, and hymn, and
quietness,
And everlasting happiness.

Thy high and heav'nly
fatherland
Hath no need of the sunbeam's
ray;
For thee is sweet satiety
Of the fruit and the river of life.

With zealous prayer, I ask of
thee,
O ceaseless light, illumine me
After the passage of my flesh,
After the race-course of this
age. Amen.

∇ Before God dost thou rejoice,
 ✠ Ceasing not to chant His praises.

BENEDICTUS

Blessed be the Lord God of Israë! for He hath visited and wrought redemption for His people.

And hath raised up a horn of salvation for us in the house of His servant David.

As He spake by the mouth of His holy ones the prophets of old.

That we should be saved from our enemies and from the hand of all that hate us.

To deal mercifully with our fathers and to remember His holy covenant.

The oath which He sware to our father Abraham that He would grant unto us,

That we be delivered out of the hand of our enemies that we might serve Him without fear,

In holiness and righteousness before Him all the days of our life.

And thou, O child, shalt be called the prophet of the Most High for thou shalt go before the face of the Lord, to prepare His ways.

To give knowledge of salvation unto His people by the remission of their sins.

Through the bowels of mercy of our God whereby the Dayspring from on high hath visited us.

To give light to them that sit in darkness and in the shadow of death to guide our feet into the way of peace. (Lk. 1:68-79)

○ Glory be to the Father and to the Son and to the Holy Spirit.

As it was in the beginning, and now and always and unto the ages of ages. Amen.

antiphon: Thou dost encourage me to repent, O Guardian, that thou mayest rejoice over me even as I weep. Thou dost teach me to pray to God worthily, and ignitest the incense of my prayers.

Kyrieléyson (3x). Xristeléyson (3x). Kyrieléyson (3x). Our Father...

Let us pray. *Collect:* Almighty, eternal God, Who hast appointed Thy holy Angel to be a guardian of my weakness in the midst of Satan's snares: grant me, I beseech Thee, to make such progress under his guardianship, that led by him I may be worthy to draw near Thee. ○ Through our Lord Jesus Christ Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Spirit, God through all the ages of ages. Amen.



First Hour of the Angel

With your three fingers joined, cross yourself on the forehead with your thumb:

∿ **O God, O be attentive unto helping me.**

℞ **O Lord, make haste to help me.** (Ps. 69:1)

Making the sign of the Cross as usual, say:

O Glory be to the Father and to the Son, and to the Holy Spirit, as it was in the beginning, and now and always, and unto the ages of ages. Amen. Alleluya.

(From Septuagesima to Pascha, in lieu of 'alleluya' is sung, 'Praise be to Thee, O Lord, King of eternal glory.')

HYMN

When anciently the king of
pride
Caused wickedness' host to fall,
The gift of grace and glory's light
United thee unto thy God.

Joyfully possessing the kingdom
Above the heavens filled with
stars,

**Thou dost defend this world of
clay**

Against the princes of the air.

**O O Master, glory be to Thee,
Who with a rampart guardest me
Against all peril and danger
Throughout this age's moonless
night. Amen.**

PSALM 53

O God, in Thy name save me ∿ and in Thy strength do Thou judge me.

O God, hearken unto my prayer ∿ give ear unto the words of my mouth.

For strangers are risen up against me, and mighty men have sought after my soul ∿ and have not set God before themselves.

For behold, God helpeth me ∿ and the Lord is the protector of my soul.

He will bring evils upon mine enemies ∿ utterly destroy them by Thy truth.

Willingly shall I sacrifice unto Thee ∿ I will confess Thy name, O Lord, for it is good.

For out of every affliction hast Thou delivered me ∿ and mine eye hath looked down upon mine enemies.

O Glory be to the Father and to the Son ∿ and to the Holy Spirit.

As it was in the beginning, and now and always ∿ and unto the ages of ages. Amen.

antiphon: **Our Lord saw thee, the light, that it was very good; and He divided the light from the darkness that embattled it.**

Chapter: **Behold, I will send Mine Angel, who shall go before thee, and keep thee in thy journey, and bring thee into the place that I have prepared** (Exod. 23:20). **R. Thanks be to God.**

∇ **O star of His dominion.**

⋈ **Be my faithful companion.**

Let us pray. *Collect:* **O almighty God, I pray Thee, grant me to know Thy holy Angel, whom Thine inexpressible grace hath given my life as a protector, to be an intercessor with Thy kind-heartedness. O Through our Lord Jesus Christ Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Spirit, God through all the ages of ages. Amen.**

∇ ∇ ∇

Third Hour of the Angel

With your three fingers joined, cross yourself on the forehead with your thumb:

∇ **O God, O be attentive unto helping me.**

⋈ **O Lord, make haste to help me.** (Ps. 69:1)

Making the sign of the Cross as usual, say:

O Glory be to the Father and to the Son, and to the Holy Spirit, as it was in the beginning, and now and always, and unto the ages of ages. Amen. Alleluya.

(From Septuagesima to Pascha, in lieu of 'alleluya' is sung, 'Praise be to Thee, O Lord, King of eternal glory.')

HYMN

Thou art my sentry when I
sleep,
When, well-awake, I act in sin;
Thy love is fervent towards me;
Thine admonitions are ceaseless.

**Thou removest what threateneth
life;
Before my foes, strewest
stumbling-blocks;**

**Savest us who are God's
temples,** (1 Cor. 3:17)
Takest from us the soot of sins.

**O O Master, glory be to Thee,
Who, with a rampart, guardest
me
Against all peril and danger
Throughout this age's moonless
night. Amen.**

PSALM 120

I have lifted up mine eyes to the mountains ⁊ from whence cometh my help.

My help cometh from the Lord ⁊ Who hath made heaven and the earth.

Give not thy foot unto moving ⁊ and may He not slumber that keepeth thee.

Behold, He shall not slumber nor shall He sleep ⁊ He that keepeth Israël.

The Lord shall keep thee ⁊ the Lord is thy shelter at thy right hand.

The sun shall not burn thee by day ⁊ nor the moon by night.

The Lord shall keep thee from all evil ⁊ the Lord shall guard thy soul.

The Lord shall keep thy coming in and thy going out ⁊ from henceforth and for evermore.

○ Glory be to the Father and to the Son ⁊ and to the Holy Spirit.

As it was in the beginning, and now and always ⁊ and unto the ages of ages. Amen.

antiphon: **God maketh His Angel a spirit excelling, yea, a noble servant and flaming fire.** (cf. Ps. 103:6)

Chapter: **Take notice of Mine Angel, and hear his voice, and do not think him one to be contemned, for he will not forgive when thou hast sinned, and My name is in him.** (Exod. 23:21) **℟̄. Thanks be to God.**

℣. O spirit, thou dost pray. ℟̄. And bless, and worship the Lord.

Let us pray. *Collect:* **Almighty, eternal God, Who hast appointed Thy holy Angel to be a guardian of my weakness in the midst of Satan's snares: grant me, I beseech Thee, to make such progress under his guardianship, that led by him I may be worthy to draw near Thee. ○ Through our Lord Jesus Christ Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Spirit, God through all the ages of ages. Amen.**

∨ ∨ ∨

Sixth Hour of the Angel

With your three fingers joined, cross yourself on the forehead with your thumb:

℣. O God, O be attentive unto helping me.

℟̄. O Lord, make haste to help me. (Ps. 69:1)

Making the sign of the Cross as usual, say:

O Glory be to the Father and to the Son, and to the Holy Spirit, as it was in the beginning, and now and always, and unto the ages of ages. Amen. Alleluya.

(From Septuagesima to Pascha, in lieu of 'alleluya' is sung, 'Praise be to Thee, O Lord, King of eternal glory.')

HYMN

Thou art refreshed by streams
of joy,
Thirst never lesseneth thy power;
What thou hast is enough for
thee,
And rendereth thee jubilant.
Thou standest at His glorious
Throne,
Thou singest hymns, and songs
of joy.

A bright beam of the hosts of
heaven,
Thou dost dispel the Church's
foes.
O O Master, glory be to Thee,
Who, with a rampart, guardest
me
Against all peril and danger
Throughout this age's moonless
night. Amen.

PSALM 123

Had it not been that the Lord was with us, let Israël now say
Had it not been that the Lord was with us,
When men rose up against us then had they swallowed us up alive.
When their wrath raged against us then had the water overwhelmed
us.
Our soul hath passed through a torrent then had our soul passed
through the water that is irresistible.
Blessed be the Lord Who hath not given us to be a prey to their
teeth.
Our soul like a sparrow was delivered out of the snare of the
hunters.
The snare is broken and we are delivered.
Our help is in the name of the Lord Who hath made heaven and the
earth.
O Glory be to the Father and to the Son and to the Holy Spirit.
As it was in the beginning, and now and always and unto the ages of
ages. Amen.

antiphon: To thee be the brilliant noon-day, the Divine light, the morning
star; thou shinest bright as the evening star.

Chapter: And another Angel came, and stood before the altar, having a
golden censer in his hand, and the smoke of the incense of the prayers of
the saints ascended up before God from the hand of the Angel.

(Apoc. 8:3-4) *℟̄.* Thanks be to God.

℣ **He who meditateth on the countenance of God.**

℞ **Is enkindled with the fire of the love of God.**

Let us pray. *Collect:* Almighty, eternal God, Who hast appointed Thy Holy Angel to be a guardian of my weakness in the midst of Satan's snares: grant me, I beseech Thee, to make such progress under his guardianship, that led by him I may be worthy to draw near Thee. **O** Through our Lord Jesus Christ Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Spirit, God through all the ages of ages. **Amen.**

Ninth Hour of the Angel

With your three fingers joined, cross yourself on the forehead with your thumb:

℣ **O God, O be attentive unto helping me.**

℞ **O Lord, make haste to help me.** (Ps. 69:1)

Making the sign of the Cross as usual, say:

O Glory be to the Father and to the Son, and to the Holy Spirit, as it was in the beginning, and now and always, and unto the ages of ages. Amen. Alleluya.

(From Septuagesima to Pascha, in lieu of 'alleluya' is sung, 'Praise be to Thee, O Lord, King of eternal glory.')

HYMN

Up Jacob's ladder thou dost
climb, (Gen. 28:12)
Thou dost consult the Royal will,
Thou dost descend to us afar,
With love thou takest care of man.
But when sent to the furthest points
Thou turnest not from inward
things.

Thou dost rejoice in God's
presence,
In whatsoever place thou art.

**O O Master, glory be to Thee,
Who with a rampart guardest me
Against all peril and danger
Throughout this age's moonless
night. Amen.**

PSALM 126

Except the Lord build the house ∴ in vain do they labour that build it.
Except the Lord guard the city ∴ in vain doth he watch that
guardeth her.
It is vain for you to rise at dawn ∴ Ye that eat the bread of sorrow,
rouse yourselves after resting,
When He hath given sleep to His beloved ∴ lo, sons are the heritage of
the Lord, the reward of the fruit of the womb.

Like arrows in the hand of a mighty man ∴ so are the sons of them that were outcasts.

Blessed is he that shall fulfil his desires with them ∴ they shall not be put to shame when they speak to their enemies in the gates.

○ Glory be to the Father and to the Son ∴ and to the Holy Spirit.

As it was in the beginning, and now and always ∴ and unto the ages of ages. Amen.

antiphon: **O blessed spirit, my guardian—afire as only the essence of God can bring about—kindle my heart, that I may scorn the prosperities of this world, allay the burning furnace of my flesh, and bind Asmodeus fast, as well.**

Chapter: **See that you despise not one of these My little ones, for I say to you, that their Angels in heaven always see the face of My Father Who is in heaven. (Mt. 18:10) ℞: Thanks be to God.**

℣. O Angel, be my shield. ℞. And let death's passage be for me in safety.

Let us pray. *Collect:* **Almighty, eternal God, Who hast appointed Thy holy Angel to be a guardian of my weakness in the midst of Satan's snares: grant me, I beseech Thee, to make such progress under his guardianship, that led by him I may be worthy to draw near Thee. ○ Through our Lord Jesus Christ Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Spirit, God through all the ages of ages. Amen.**